

Protokoll

**Deutscher Mannschaftswettbewerb Schwimmen (DMS) 2013
Landesliga Niedersachsen**

Abschnitt 1 (26.01.2013)

**Veranstalter: Landesschwimmverband Niedersachsen e.V.
Ausrichter: VfV Hildesheim**

DMS Mannschaften Frauen:

1. BSV Ölper
2. Delmenhorster SV
3. Eintracht Hildesheim
4. SSG Braunschweig
5. TSV Achim
6. TV Meppen
7. W98 Hannover II
8. Wardenburger SC
9. Waspo 08 Göttingen
10. Waspo Nordhorn I

DMS Mannschaften Männer:

1. SG Osnabrück I
2. SGS Hannover
3. SSG Braunschweig
4. SV Garbsen
5. TSV Quakenbrück
6. TV Jahn Wolfsburg I
7. VfV Hildesheim I
8. W98 Hannover III
9. Wardenburger SC
10. Waspo 08 Göttingen

Kampfgericht:

Schiedsrichter 1 : Carsten Bentlage
Schiedsrichter 2 : Erwin Castorff
Sprecher : Wolfgang Schlüter
Starter : Adalbert Wiechowski
Schwimmrichter 1 : Marion Gabriel
Schwimmrichter 2 : Hans Kaiser

LSN
LSN
LSN
LSN
W98 Hannover
SSG Braunschweig

Zeitnehmerobmann : Reyk Rüger
Zeitnehmer 1 : Wilfried Mildner
Zeitnehmer 2 : Melina Poll
Zeitnehmer 3 : Barbara Kozak
Zeitnehmer 4 : Astrid Schmalkuche
Zeitnehmer 5 : Silke Kornmüller
Zeitnehmer 6 : Frank Heise
Zeitnehmer 7 : Sarina Baum
Reserve-ZN : Heiner Martin

Waspo Nordhorn I
TSV Achim
TV Meppen
Delmenhorster SV
Eintracht Hildesheim
Waspo 08 Göttingen
Wardenburger SC
SV Garbsen
TV Jahn Wolfsburg I

Zielrichterobmann : Erwin Lehne
Zielrichter 1 : Tanja Kiefer
Zielrichter 2 : Christoph van den Boom
Zielrichter 3 : Michael Miede
Zielrichter 4 : Petra Klein

BSV Ölper
Wardenburger SC
VfV Hildesheim
SSG Braunschweig
W98 Hannover

Wenderichterobmann : Lukas Zeller
Wenderichter 1 : Andrea Beuermann
Wenderichter 2 : Heinz Boknecht
Wenderichter 3 : Laura Hermann
Wenderichter 4 : Marion Kaiser
Wenderichter 5 : Silke Dewart
Wenderichter 6 : Michael Marquardt
Wenderichter 7 : Rikke Kamlot

SG Osnabrück I
Waspo 08 Göttingen
TSV Quakenbrück
W98 Hannover
SSG Braunschweig
Wardenburger SC
SGS Hannover
Waspo 08 Göttingen

Auswerter : Andreas Kühn
Protokollführer : Dieter Kanstein

LSN
VfV Hildesheim

Vom Kampfrichter Erwin Lehne, BSV Ölper, fehlt die Lizenz.

Abschnittsdaten:

Datum: 26.01.2013
Einlaß: 09:00 Uhr
Einschwimmen: 09:00 Uhr
Kampfrichtersitzung: 09:15 Uhr
Wettkampfbeginn: 10:00 Uhr
Veranstaltungsort: Hallenbad "Wasserparadies", Bischof-Janssen-Str.30, 31134 Hildesheim

Wettkampfanlage:

Zeitmessung: Handzeitnahme
Bahnen: 10 * 25 m
Wassertiefe: 2,00 m - 3,50 m
Wassertemperatur: 26 °C
Trennleinen: Wellenkiller-Leinen

Wettkampffolge:

| | | | | |
|----|------|---------------------|----------|---------------|
| Wk | 1: | 200 m Freistil | weiblich | |
| Wk | 2: | 200 m Freistil | männlich | |
| Wk | 3: | 100 m Brust | weiblich | |
| Wk | 4: | 100 m Brust | männlich | |
| Wk | 5: | 200 m Rücken | weiblich | |
| Wk | 6: | 200 m Rücken | männlich | |
| Wk | 7: | 100 m Schmetterling | weiblich | |
| Wk | 8: | 100 m Schmetterling | männlich | |
| Wk | 9: | 50 m Brust | weiblich | |
| Wk | 10: | 50 m Brust | männlich | |
| Wk | 11: | 200 m Lagen | weiblich | |
| Wk | 12: | 200 m Lagen | männlich | |
| Wk | 13: | 800 m Freistil | weiblich | |
| Wk | 14: | 1500 m Freistil | männlich | |
| Wk | 15: | 50 m Schmetterling | weiblich | |
| Wk | 16: | 50 m Schmetterling | männlich | |
| Wk | 17: | 200 m Brust | weiblich | |
| Wk | 18: | 200 m Brust | männlich | |
| Wk | 19: | 100 m Rücken | weiblich | |
| Wk | 20: | 100 m Rücken | männlich | |
| Wk | 21: | 200 m Schmetterling | weiblich | |
| Wk | 22: | 200 m Schmetterling | männlich | |
| Wk | 23: | 50 m Freistil | weiblich | |
| Wk | 24: | 50 m Freistil | männlich | |
| Wk | 25: | 400 m Lagen | weiblich | |
| Wk | 26: | 400 m Lagen | männlich | |
| Wk | 27: | 50 m Rücken | weiblich | |
| Wk | 28: | 50 m Rücken | männlich | |
| Wk | 29: | 400 m Freistil | weiblich | |
| Wk | 30: | 400 m Freistil | männlich | |
| Wk | 31: | 100 m Freistil | weiblich | |
| Wk | 32: | 100 m Freistil | männlich | |
| Wk | N20: | 100 m Rücken | männlich | Nachschwimmen |

Wettkampf 1: 200 m Freistil weiblich

| | | | |
|-------------------------------------|-------------------------|---------|-----|
| 1. Lena Großklaus | 00 Wardenburger SC | 2:14,91 | 616 |
| 1:09,71 (1:09,71) 2:14,91 (1:05,20) | | | |
| 2. Lena Blum | 99 Waspo 08 Göttingen | 2:15,51 | 608 |
| 1:05,00 (1:05,00) 2:15,51 (1:10,51) | | | |
| 3. Marloes Ekkelboom | 97 Waspo Nordhorn I | 2:15,56 | 607 |
| 1:04,45 (1:04,45) 2:15,56 (1:11,11) | | | |
| 4. Victoria Buß | 99 TV Meppen | 2:17,85 | 577 |
| 1:05,47 (1:05,47) 2:17,85 (1:12,38) | | | |
| 5. Eva Vernaleken | 96 SSG Braunschweig | 2:18,43 | 570 |
| 1:06,13 (1:06,13) 2:18,43 (1:12,30) | | | |
| 6. Lena Anders | 99 Delmenhorster SV | 2:20,48 | 546 |
| 1:07,11 (1:07,11) 2:20,48 (1:13,37) | | | |
| 7. Fiona Sander | 95 TSV Achim | 2:21,53 | 533 |
| 1:07,76 (1:07,76) 2:21,53 (1:13,77) | | | |
| 8. Finja Stephan | 97 BSV Ölper | 2:30,84 | 441 |
| 1:09,48 (1:09,48) 2:30,84 (1:21,36) | | | |
| 9. Wiebke Maibohm | 92 Eintracht Hildesheim | 2:32,40 | 427 |
| 1:12,21 (1:12,21) 2:32,40 (1:20,19) | | | |

Wettkampf 1: 200 m Freistil weiblich

| | | | |
|---------------------------|--------------------|---------|-----|
| 10. Yekatarina Mikhailova | 94 W98 Hannover II | 2:41,69 | 358 |
| 1:13,24 (1:13,24) | 2:41,69 (1:28,45) | | |

Zwischenstand: DMS-Wertung 2013 Frauen

| | |
|-------------------------|-----|
| 1. Wardenburger SC | 616 |
| 2. Waspo 08 Göttingen | 608 |
| 3. Waspo Nordhorn I | 607 |
| 4. TV Meppen | 577 |
| 5. SSG Braunschweig | 570 |
| 6. Delmenhorster SV | 546 |
| 7. TSV Achim | 533 |
| 8. BSV Ölper | 441 |
| 9. Eintracht Hildesheim | 427 |
| 10. W98 Hannover II | 358 |

Wettkampf 2: 200 m Freistil männlich

| | | | |
|----------------------|------------------------|---------|-----|
| 1. Marcel Jerzyk | 92 Waspo 08 Göttingen | 1:54,74 | 722 |
| 0:54,66 (0:54,66) | 1:54,74 (1:00,08) | | |
| 2. Christian Gärtner | 80 TSV Quakenbrück | 1:57,73 | 668 |
| 0:56,64 (0:56,64) | 1:57,73 (1:01,09) | | |
| 3. Holger Ladenthin | 79 SGS Hannover | 1:59,46 | 640 |
| 0:57,37 (0:57,37) | 1:59,46 (1:02,09) | | |
| 4. Christoph Meyer | 92 SSG Braunschweig | 2:00,35 | 626 |
| 0:56,97 (0:56,97) | 2:00,35 (1:03,38) | | |
| 5. Jurij Kolmakov | 96 SG Osnabrück I | 2:02,24 | 597 |
| 0:58,06 (0:58,06) | 2:02,24 (1:04,18) | | |
| 6. Fabian Natusch | 96 TV Jahn Wolfsburg I | 2:04,35 | 567 |
| 1:00,90 (1:00,90) | 2:04,35 (1:03,45) | | |
| 7. Jan Wunram | 91 Wardenburger SC | 2:05,29 | 554 |
| 0:58,82 (0:58,82) | 2:05,29 (1:06,47) | | |
| 8. Nicolas Kuhn | 97 W98 Hannover III | 2:08,00 | 520 |
| 1:02,07 (1:02,07) | 2:08,00 (1:05,93) | | |
| 9. Sebastian Lühring | 93 SV Garbsen | 2:08,36 | 516 |
| 1:01,14 (1:01,14) | 2:08,36 (1:07,22) | | |
| 10. Johannes Kollien | 96 VfV Hildesheim I | 2:09,10 | 507 |
| 0:59,64 (0:59,64) | 2:09,10 (1:09,46) | | |

Zwischenstand: DMS-Wertung 2013 Männer

| | |
|------------------------|-----|
| 1. Waspo 08 Göttingen | 722 |
| 2. TSV Quakenbrück | 668 |
| 3. SGS Hannover | 640 |
| 4. SSG Braunschweig | 626 |
| 5. SG Osnabrück I | 597 |
| 6. TV Jahn Wolfsburg I | 567 |
| 7. Wardenburger SC | 554 |
| 8. W98 Hannover III | 520 |
| 9. SV Garbsen | 516 |
| 10. VfV Hildesheim I | 507 |

Wettkampf 3: 100 m Brust weiblich

| | | | |
|---------------------------|-------------------------|---------|-----|
| 1. Sofie Schröder | 97 TV Meppen | 1:16,48 | 616 |
| 2. Phillis Michelle Range | 99 Waspo 08 Göttingen | 1:17,64 | 589 |
| 3. Larissa Engelbart | 95 Delmenhorster SV | 1:18,03 | 580 |
| 4. Tina Röttgers | 94 Waspo Nordhorn I | 1:18,54 | 569 |
| 5. Milena Oltmann | 97 Wardenburger SC | 1:19,58 | 547 |
| 6. Wiebke Zacher | 94 TSV Achim | 1:19,68 | 545 |
| 7. Lisa-Marie Bungart | 97 W98 Hannover II | 1:20,15 | 535 |
| 8. Jule Grunewald | 98 SSG Braunschweig | 1:20,73 | 524 |
| 9. Nina Falke | 00 Eintracht Hildesheim | 1:25,11 | 447 |
| 10. Sarah Friese | 99 BSV Ölper | 1:26,00 | 433 |

Zwischenstand: DMS-Wertung 2013 Frauen

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|-------------------------|------|
| 1. Waspo 08 Göttingen | 1197 |
| 2. TV Meppen | 1193 |
| 3. Waspo Nordhorn I | 1176 |
| 4. Wardenburger SC | 1163 |
| 5. Delmenhorster SV | 1126 |
| 6. SSG Braunschweig | 1094 |
| 7. TSV Achim | 1078 |
| 8. W98 Hannover II | 893 |
| 9. Eintracht Hildesheim | 874 |
| 9. BSV Ölper | 874 |

Wettkampf 4: 100 m Brust männlich

| | | | |
|---------------------|------------------------|---------|-----|
| 1. Sven Stallkamp | 89 SG Osnabrück I | 1:06,65 | 690 |
| 2. Andreas Stein | 84 Wardenburger SC | 1:06,95 | 681 |
| 3. Kostya Vasylenko | 98 SV Garbsen | 1:08,57 | 634 |
| 4. Max Neubert | 85 SGS Hannover | 1:09,31 | 614 |
| 5. Sören Beuermann | 93 Waspo 08 Göttingen | 1:10,92 | 573 |
| 6. Bastian Damrath | 91 SSG Braunschweig | 1:10,94 | 572 |
| 7. Christoph Monden | 80 TV Jahn Wolfsburg I | 1:12,37 | 539 |
| 8. Heiko Boknecht | 68 TSV Quakenbrück | 1:12,77 | 530 |
| 9. Paul Gorsler | 97 VfV Hildesheim I | 1:13,51 | 514 |
| 10. Mark Piosik | 97 W98 Hannover III | 1:22,14 | 368 |

Zwischenstand: DMS-Wertung 2013 Männer

| | |
|------------------------|------|
| 1. Waspo 08 Göttingen | 1295 |
| 2. SG Osnabrück I | 1287 |
| 3. SGS Hannover | 1254 |
| 4. Wardenburger SC | 1235 |
| 5. TSV Quakenbrück | 1198 |
| 5. SSG Braunschweig | 1198 |
| 7. SV Garbsen | 1150 |
| 8. TV Jahn Wolfsburg I | 1106 |
| 9. VfV Hildesheim I | 1021 |
| 10. W98 Hannover III | 888 |

Wettkampf 5: 200 m Rücken weiblich

| | | | |
|---------------------------|-------------------------|---------|-----|
| 1. Ann-Christin Schneider | 96 Eintracht Hildesheim | 2:29,12 | 592 |
| 1:12,34 (1:12,34) | 2:29,12 (1:16,78) | | |
| 2. Beret Höpfner | 99 Waspo 08 Göttingen | 2:34,62 | 531 |
| 1:14,96 (1:14,96) | 2:34,62 (1:19,66) | | |
| 3. Nele Tschachschal | 99 SSG Braunschweig | 2:35,31 | 524 |
| 1:15,22 (1:15,22) | 2:35,31 (1:20,09) | | |
| 4. Alexandra Lassalle | 00 Wardenburger SC | 2:36,17 | 515 |
| 1:14,46 (1:14,46) | 2:36,17 (1:21,71) | | |
| 5. Vera Kemmesies | 95 Delmenhorster SV | 2:37,40 | 503 |
| 1:14,41 (1:14,41) | 2:37,40 (1:22,99) | | |
| 6. Sandra Grönniger | 96 TV Meppen | 2:37,66 | 501 |
| 1:16,18 (1:16,18) | 2:37,66 (1:21,48) | | |
| 7. Lena-Karolin Wiese | 93 TSV Achim | 2:38,16 | 496 |
| 1:15,70 (1:15,70) | 2:38,16 (1:22,46) | | |
| 8. Hanna Thümler | 97 W98 Hannover II | 2:41,25 | 468 |
| 1:16,22 (1:16,22) | 2:41,25 (1:25,03) | | |
| 9. Leonie Vieler | 99 BSV Ölper | 2:42,34 | 459 |
| 1:18,46 (1:18,46) | 2:42,34 (1:23,88) | | |
| 10. Luisa Lensker | 95 Waspo Nordhorn I | 2:53,44 | 376 |
| 1:20,59 (1:20,59) | 2:53,44 (1:32,85) | | |

Zwischenstand: DMS-Wertung 2013 Frauen

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|-------------------------|------|
| 1. Waspo 08 Göttingen | 1728 |
| 2. TV Meppen | 1694 |
| 3. Wardenburger SC | 1678 |
| 4. Delmenhorster SV | 1629 |
| 5. SSG Braunschweig | 1618 |
| 6. TSV Achim | 1574 |
| 7. Waspo Nordhorn I | 1552 |
| 8. Eintracht Hildesheim | 1466 |
| 9. W98 Hannover II | 1361 |
| 10. BSV Ölper | 1333 |

Wettkampf 6: 200 m Rücken männlich

| | | | |
|----------------------------|------------------------|-------------------|-----|
| 1. Jeremy-Jay Krogull-Hull | 93 SG Osnabrück I | 2:08,45 | 697 |
| 1:00,80 (1:00,80) | | 2:08,45 (1:07,65) | |
| 2. Torsten Lippmann | 92 SGS Hannover | 2:10,90 | 659 |
| 1:03,72 (1:03,72) | | 2:10,90 (1:07,18) | |
| 3. Clemens-Jonas Kaiser | 93 SSG Braunschweig | 2:12,03 | 642 |
| 1:03,16 (1:03,16) | | 2:12,03 (1:08,87) | |
| 4. Sönke Rosskamp | 93 Wardenburger SC | 2:17,93 | 563 |
| 1:04,74 (1:04,74) | | 2:17,93 (1:13,19) | |
| 5. Fabian Peter | 81 SV Garbsen | 2:23,38 | 501 |
| 1:09,16 (1:09,16) | | 2:23,38 (1:14,22) | |
| 6. Jan Josipovic | 97 W98 Hannover III | 2:23,96 | 495 |
| 1:10,03 (1:10,03) | | 2:23,96 (1:13,93) | |
| 7. Alexander Kornmüller | 96 Waspo 08 Göttingen | 2:26,31 | 472 |
| 1:10,22 (1:10,22) | | 2:26,31 (1:16,09) | |
| 8. Christian Ackermann | 96 VfV Hildesheim I | 2:26,78 | 467 |
| 1:09,62 (1:09,62) | | 2:26,78 (1:17,16) | |
| 9. Daniel Kater | 87 TSV Quakenbrück | 2:32,07 | 420 |
| 1:14,29 (1:14,29) | | 2:32,07 (1:17,78) | |
| 10. Nick Hammer | 96 TV Jahn Wolfsburg I | 3:03,28 | 240 |
| 1:28,22 (1:28,22) | | 3:03,28 (1:35,06) | |

Zwischenstand: DMS-Wertung 2013 Männer

| | |
|-------------------------|------|
| 1. SG Osnabrück I | 1984 |
| 2. SGS Hannover | 1913 |
| 3. SSG Braunschweig | 1840 |
| 4. Wardenburger SC | 1798 |
| 5. Waspo 08 Göttingen | 1767 |
| 6. SV Garbsen | 1651 |
| 7. TSV Quakenbrück | 1618 |
| 8. VfV Hildesheim I | 1488 |
| 9. W98 Hannover III | 1383 |
| 10. TV Jahn Wolfsburg I | 1346 |

Wettkampf 7: 100 m Schmetterling weiblich

| | | | |
|--------------------------|-------------------------|---------|-----|
| 1. Janina Herbst | 93 Eintracht Hildesheim | 1:04,45 | 677 |
| 2. Kerstin Minge | 91 TSV Achim | 1:06,06 | 629 |
| 3. Rika Henniges | 95 SSG Braunschweig | 1:07,75 | 583 |
| 4. Friderike Schiphorst | 96 Waspo Nordhorn I | 1:08,34 | 568 |
| 5. Tatjana Barke | 94 Delmenhorster SV | 1:11,94 | 487 |
| 6. Clara Kamper | 00 Waspo 08 Göttingen | 1:12,76 | 470 |
| 7. Sonja Beider | 98 W98 Hannover II | 1:13,04 | 465 |
| 8. Lisa-Moana Löwe-Drefs | 92 Wardenburger SC | 1:16,48 | 405 |
| 9. Julia Stüwe | 89 TV Meppen | 1:16,97 | 397 |
| 10. Katharina Henne | 00 BSV Ölper | 1:20,88 | 342 |

Zwischenstand: DMS-Wertung 2013 Frauen

| | |
|-------------------------|------|
| 1. TSV Achim | 2203 |
| 2. SSG Braunschweig | 2201 |
| 3. Waspo 08 Göttingen | 2198 |
| 4. Eintracht Hildesheim | 2143 |
| 5. Waspo Nordhorn I | 2120 |
| 6. Delmenhorster SV | 2116 |
| 7. TV Meppen | 2091 |
| 8. Wardenburger SC | 2083 |
| 9. W98 Hannover II | 1826 |
| 10. BSV Ölper | 1675 |

Wettkampf 8: 100 m Schmetterling männlich

| | | | |
|----------------------|------------------------|---------|-----|
| 1. Jonas Bergmann. | 95 SG Osnabrück I | 0:55,70 | 740 |
| 2. Nils Frese | 84 SGS Hannover | 0:58,29 | 646 |
| 3. Stephan Jazbinsek | 86 Wardenburger SC | 0:58,66 | 634 |
| 4. Christian Gärtner | 80 TSV Quakenbrück | 0:59,74 | 600 |
| 5. Fabio Kreth | 93 VfV Hildesheim I | 1:00,73 | 571 |
| 6. Tim Grüne | 74 Waspo 08 Göttingen | 1:01,81 | 542 |
| 7. Tobias Gabriel | 96 W98 Hannover III | 1:02,68 | 519 |
| 8. Dennis Bieger | 90 SV Garbsen | 1:03,30 | 504 |
| 9. Matthias Zeuner | 70 TV Jahn Wolfsburg I | 1:05,64 | 452 |
| 10. Thorsten Fink | 82 SSG Braunschweig | 1:05,75 | 450 |

Zwischenstand: DMS-Wertung 2013 Männer

| | |
|-------------------------|------|
| 1. SG Osnabrück I | 2724 |
| 2. SGS Hannover | 2559 |
| 3. Wardenburger SC | 2432 |
| 4. Waspo 08 Göttingen | 2309 |
| 5. SSG Braunschweig | 2290 |
| 6. TSV Quakenbrück | 2218 |
| 7. SV Garbsen | 2155 |
| 8. VfV Hildesheim I | 2059 |
| 9. W98 Hannover III | 1902 |
| 10. TV Jahn Wolfsburg I | 1798 |

Wettkampf 9: 50 m Brust weiblich

| | | | |
|------------------------|-------------------------|---------|-----|
| 1. Sophie Buß | 97 TV Meppen | 0:35,06 | 646 |
| 2. Fabienne Mann | 95 BSV Ölper | 0:35,75 | 609 |
| 3. Tina Röttgers | 94 Waspo Nordhorn I | 0:36,33 | 580 |
| 4. Sophie Krumbach | 95 Waspo 08 Göttingen | 0:36,34 | 580 |
| 5. Carina Czienskowski | 90 Delmenhorster SV | 0:36,44 | 575 |
| 6. Julia Zeuschner | 93 Wardenburger SC | 0:37,06 | 547 |
| 7. Lisa-Marie Bungart | 97 W98 Hannover II | 0:37,06 | 547 |
| 8. Nadine Krautter | 80 TSV Achim | 0:37,33 | 535 |
| 9. Philine Schwartz | 93 SSG Braunschweig | 0:38,83 | 475 |
| 10. Judith Marcus | 96 Eintracht Hildesheim | 0:39,53 | 450 |

Zwischenstand: DMS-Wertung 2013 Frauen

| | |
|-------------------------|------|
| 1. Waspo 08 Göttingen | 2778 |
| 2. TSV Achim | 2738 |
| 3. TV Meppen | 2737 |
| 4. Waspo Nordhorn I | 2700 |
| 5. Delmenhorster SV | 2691 |
| 6. SSG Braunschweig | 2676 |
| 7. Wardenburger SC | 2630 |
| 8. Eintracht Hildesheim | 2593 |
| 9. W98 Hannover II | 2373 |
| 10. BSV Ölper | 2284 |

Wettkampf 10: 50 m Brust männlich

| | | | |
|-------------------------|------------------------|---------|-----|
| 1. Gerd-Albert Hoffmann | 86 SGS Hannover | 0:30,29 | 722 |
| 2. Sven Stallkamp | 89 SG Osnabrück I | 0:30,31 | 721 |
| 3. Andreas Stein | 84 Wardenburger SC | 0:31,13 | 665 |
| 4. Stefan Middendorf | 91 TSV Quakenbrück | 0:32,40 | 590 |
| 5. Pascal Rother | 94 VfV Hildesheim I | 0:33,46 | 536 |
| 6. Julian Mieke | 97 SSG Braunschweig | 0:33,72 | 523 |
| 7. Lukas Freund | 96 Waspo 08 Göttingen | 0:33,95 | 513 |
| 8. Dominik Wiechowski | 88 SV Garbsen | 0:34,43 | 491 |
| 9. Bogdan Taran | 98 W98 Hannover III | 0:36,29 | 420 |
| 10. Lars Schmidt | 99 TV Jahn Wolfsburg I | 0:37,59 | 378 |

Zwischenstand: DMS-Wertung 2013 Männer

| | |
|-------------------------|------|
| 1. SG Osnabrück I | 3445 |
| 2. SGS Hannover | 3281 |
| 3. Wardenburger SC | 3097 |
| 4. Waspo 08 Göttingen | 2822 |
| 5. SSG Braunschweig | 2813 |
| 6. TSV Quakenbrück | 2808 |
| 7. SV Garbsen | 2646 |
| 8. VfV Hildesheim I | 2595 |
| 9. W98 Hannover III | 2322 |
| 10. TV Jahn Wolfsburg I | 2176 |

Wettkampf 11: 200 m Lagen weiblich

| | | | |
|----------------------|-------------------------|---------|-----|
| 1. Larissa Engelbart | 95 Delmenhorster SV | 2:34,45 | 575 |
| 2. Anna Lefers | 97 TSV Achim | 2:35,26 | 566 |
| 3. Eva Vernaleken | 96 SSG Braunschweig | 2:36,03 | 557 |
| 4. Mandy Steenkamp | 00 TV Meppen | 2:39,87 | 518 |
| 5. Lena Großklaus | 00 Wardenburger SC | 2:40,67 | 510 |
| 6. Annika Lindstrom | 95 Waspo Nordhorn I | 2:40,84 | 509 |
| 7. Alke Heise | 99 Waspo 08 Göttingen | 2:42,43 | 494 |
| 8. Anna de Boer | 00 BSV Ölper | 2:45,13 | 470 |
| 9. Aylin Lohmann | 98 W98 Hannover II | 2:46,82 | 456 |
| 10. Gesa Schreiber | 99 Eintracht Hildesheim | 2:53,73 | 404 |

Zwischenstand: DMS-Wertung 2013 Frauen

| | |
|-------------------------|------|
| 1. TSV Achim | 3304 |
| 2. Waspo 08 Göttingen | 3272 |
| 3. Delmenhorster SV | 3266 |
| 4. TV Meppen | 3255 |
| 5. SSG Braunschweig | 3233 |
| 6. Waspo Nordhorn I | 3209 |
| 7. Wardenburger SC | 3140 |
| 8. Eintracht Hildesheim | 2997 |
| 9. W98 Hannover II | 2829 |
| 10. BSV Ölper | 2754 |

Wettkampf 12: 200 m Lagen männlich

| | | | |
|-------------------------|------------------------|---------|-----|
| 1. Markus Tasche | 84 SGS Hannover | 2:15,06 | 605 |
| 2. Frank Stuckenberg | 90 Wardenburger SC | 2:19,66 | 547 |
| 3. Lars Kiesow | 97 SG Osnabrück I | 2:21,67 | 524 |
| 4. Andreas Haidukiewitz | 86 TSV Quakenbrück | 2:22,00 | 520 |
| 5. Sebastian Kamlot | 97 Waspo 08 Göttingen | 2:22,63 | 513 |
| 6. Cedric Rzesacz | 98 SSG Braunschweig | 2:24,51 | 493 |
| 7. Sascha Hausmann | 87 SV Garbsen | 2:25,59 | 482 |
| 8. Alexander Granietzny | 96 VfV Hildesheim I | 2:31,08 | 432 |
| 9. Christoph Monden | 80 TV Jahn Wolfsburg I | 2:31,62 | 427 |
| 10. Christoph Stierand | 99 W98 Hannover III | 2:40,55 | 360 |

Zwischenstand: DMS-Wertung 2013 Männer

| | |
|-------------------------|------|
| 1. SG Osnabrück I | 3969 |
| 2. SGS Hannover | 3886 |
| 3. Wardenburger SC | 3644 |
| 4. Waspo 08 Göttingen | 3335 |
| 5. TSV Quakenbrück | 3328 |
| 6. SSG Braunschweig | 3306 |
| 7. SV Garbsen | 3128 |
| 8. VfV Hildesheim I | 3027 |
| 9. W98 Hannover III | 2682 |
| 10. TV Jahn Wolfsburg I | 2603 |

Wettkampf 13: 800 m Freistil weiblich

| | | | |
|-----------------------|-------------------------|-------------------|--------------------|
| 1. Victoria Buß | 99 TV Meppen | 9:53,82 | 576 |
| 1:08,48 (1:08,48) | 2:22,68 (1:14,20) | 3:37,73 (1:15,05) | 4:53,08 (1:15,35) |
| 6:08,44 (1:15,36) | 7:24,28 (1:15,84) | 8:39,77 (1:15,49) | 9:53,82 (1:14,05) |
| 2. Lena Blum | 99 Waspo 08 Göttingen | 9:54,80 | 573 |
| 1:08,20 (1:08,20) | 2:22,51 (1:14,31) | 3:37,58 (1:15,07) | 4:53,54 (1:15,96) |
| 6:09,70 (1:16,16) | 7:26,14 (1:16,44) | 8:42,17 (1:16,03) | 9:54,80 (1:12,63) |
| 3. Sonja Beider | 98 W98 Hannover II | 10:07,34 | 538 |
| 1:09,64 (1:09,64) | 2:26,80 (1:17,16) | 3:44,43 (1:17,63) | 5:01,05 (1:16,62) |
| 6:19,24 (1:18,19) | 7:36,91 (1:17,67) | 8:54,54 (1:17,63) | 10:07,34 (1:12,80) |
| 4. Miriam Voß | 97 TSV Achim | 10:17,58 | 512 |
| 1:11,81 (1:11,81) | 2:28,95 (1:17,14) | 3:47,15 (1:18,20) | 5:05,36 (1:18,21) |
| 6:24,67 (1:19,31) | 7:43,22 (1:18,55) | 9:01,43 (1:18,21) | 10:17,58 (1:16,15) |
| 5. Jessica Lilienthal | 96 SSG Braunschweig | 10:18,59 | 509 |
| 1:09,87 (1:09,87) | 2:27,44 (1:17,57) | 3:46,14 (1:18,70) | 5:04,48 (1:18,34) |
| 6:23,55 (1:19,07) | 7:42,51 (1:18,96) | 9:01,54 (1:19,03) | 10:18,59 (1:17,05) |
| 6. Leonie Vieler | 99 BSV Ölper | 10:22,78 | 499 |
| 1:09,85 (1:09,85) | 2:27,66 (1:17,81) | 3:45,87 (1:18,21) | 5:05,57 (1:19,70) |
| 6:25,40 (1:19,83) | 7:46,13 (1:20,73) | 9:06,55 (1:20,42) | 10:22,78 (1:16,23) |
| 7. Kira Herrlein | 99 Delmenhorster SV | 10:36,63 | 467 |
| 1:12,28 (1:12,28) | 2:32,92 (1:20,64) | 3:53,98 (1:21,06) | 5:14,83 (1:20,85) |
| 6:36,48 (1:21,65) | 7:59,09 (1:22,61) | 9:18,04 (1:18,95) | 10:36,63 (1:18,59) |
| 8. Jana Heise | 01 Wardenburger SC | 10:43,03 | 453 |
| 1:12,25 (1:12,25) | 2:31,94 (1:19,69) | 3:53,28 (1:21,34) | 5:16,06 (1:22,78) |
| 6:38,12 (1:22,06) | 8:00,85 (1:22,73) | 9:22,94 (1:22,09) | 10:43,03 (1:20,09) |
| 9. Catharina Mundt | 97 Waspo Nordhorn I | 10:43,10 | 453 |
| 1:11,78 (1:11,78) | 2:30,47 (1:18,69) | 3:52,00 (1:21,53) | 5:13,91 (1:21,91) |
| 6:38,07 (1:24,16) | 8:01,16 (1:23,09) | 9:23,75 (1:22,59) | 10:43,10 (1:19,35) |
| 10. Luisa Schmalkuche | 97 Eintracht Hildesheim | 11:02,65 | 414 |
| 1:14,71 (1:14,71) | 2:35,43 (1:20,72) | 3:58,04 (1:22,61) | 5:21,74 (1:23,70) |
| 6:47,08 (1:25,34) | 8:12,58 (1:25,50) | --:--:-- | 11:02,65 |

Zwischenstand: DMS-Wertung 2013 Frauen

| | |
|-------------------------|------|
| 1. Waspo 08 Göttingen | 3845 |
| 2. TV Meppen | 3831 |
| 3. TSV Achim | 3816 |
| 4. SSG Braunschweig | 3742 |
| 5. Delmenhorster SV | 3733 |
| 6. Waspo Nordhorn I | 3662 |
| 7. Wardenburger SC | 3593 |
| 8. Eintracht Hildesheim | 3411 |
| 9. W98 Hannover II | 3367 |
| 10. BSV Ölper | 3253 |

Wettkampf 14: 1500 m Freistil männlich

| | | | |
|---|------------------------|----------|-----|
| 1. Joel Strauß | 97 SG Osnabrück I | 17:21,95 | 591 |
| 1:01,98 (1:01,98) 2:11,26 (1:09,28) 3:21,56 (1:10,30) 4:32,82 (1:11,26) | | | |
| 5:43,73 (1:10,91) 6:54,53 (1:10,80) 8:04,50 (1:09,97) 9:15,43 (1:10,93) | | | |
| 10:25,51 (1:10,08) 11:35,53 (1:10,02) 12:45,45 (1:09,92) 13:55,27 (1:09,82) | | | |
| 15:05,01 (1:09,74) 16:14,79 (1:09,78) 17:21,95 (1:07,16) | | | |
| 2. Paul Gorsler | 97 VfV Hildesheim I | 17:34,41 | 570 |
| 1:06,00 (1:06,00) 2:16,41 (1:10,41) 3:26,66 (1:10,25) 4:37,34 (1:10,68) | | | |
| 5:48,43 (1:11,09) 6:59,51 (1:11,08) 8:10,30 (1:10,79) 9:21,06 (1:10,76) | | | |
| 10:30,89 (1:09,83) 11:42,48 (1:11,59) 12:53,48 (1:11,00) 14:04,30 (1:10,82) | | | |
| 15:15,62 (1:11,32) 16:25,78 (1:10,16) 17:34,41 (1:08,63) | | | |
| 3. Julian Miede | 97 SSG Braunschweig | 18:07,89 | 519 |
| 1:05,60 (1:05,60) 2:16,25 (1:10,65) 3:28,13 (1:11,88) 4:41,12 (1:12,99) | | | |
| 5:54,01 (1:12,89) 7:07,63 (1:13,62) 8:21,34 (1:13,71) 9:34,90 (1:13,56) | | | |
| 10:48,89 (1:13,99) 12:02,25 (1:13,36) 13:15,75 (1:13,50) 14:29,14 (1:13,39) | | | |
| 15:42,72 (1:13,58) 16:56,24 (1:13,52) 18:07,89 (1:11,65) | | | |
| 4. Philip Krumbach | 98 Waspo 08 Göttingen | 18:12,85 | 512 |
| 1:04,50 (1:04,50) 2:16,38 (1:11,88) 3:29,88 (1:13,50) 4:44,22 (1:14,34) | | | |
| 5:58,66 (1:14,44) 7:12,69 (1:14,03) 8:26,22 (1:13,53) 9:40,00 (1:13,78) | | | |
| 10:54,25 (1:14,25) 12:08,19 (1:13,94) 13:22,13 (1:13,94) 14:35,44 (1:13,31) | | | |
| 15:49,41 (1:13,97) 17:03,25 (1:13,84) 18:12,85 (1:09,60) | | | |
| 5. Hartmut Anneken | 68 TSV Quakenbrück | 18:44,34 | 470 |
| 1:12,37 (1:12,37) 2:28,21 (1:15,84) 3:43,94 (1:15,73) 4:59,49 (1:15,55) | | | |
| 6:14,93 (1:15,44) 7:30,61 (1:15,68) 8:46,27 (1:15,66) 10:02,16 (1:15,89) | | | |
| 11:17,93 (1:15,77) 12:33,04 (1:15,11) 13:48,34 (1:15,30) 15:03,43 (1:15,09) | | | |
| 16:18,44 (1:15,01) 17:32,29 (1:13,85) 18:44,34 (1:12,05) | | | |
| 6. Till Neubert | 91 SGS Hannover | 18:47,54 | 466 |
| 1:05,48 (1:05,48) 2:17,48 (1:12,00) 3:31,02 (1:13,54) 4:46,10 (1:15,08) | | | |
| 6:02,36 (1:16,26) 7:17,76 (1:15,40) 8:34,23 (1:16,47) 9:50,60 (1:16,37) | | | |
| 11:06,60 (1:16,00) 12:23,20 (1:16,60) 13:40,23 (1:17,03) 14:57,48 (1:17,25) | | | |
| 16:14,60 (1:17,12) 17:32,32 (1:17,72) 18:47,54 (1:15,22) | | | |
| 7. Jannes Stubbemann | 93 Wardenburger SC | 19:00,85 | 450 |
| 1:04,26 (1:04,26) 2:15,53 (1:11,27) 3:29,24 (1:13,71) 4:44,95 (1:15,71) | | | |
| 6:01,28 (1:16,33) 7:18,08 (1:16,80) 8:36,33 (1:18,25) 9:54,40 (1:18,07) | | | |
| 11:13,26 (1:18,86) 12:31,76 (1:18,50) 13:50,84 (1:19,08) 15:09,91 (1:19,07) | | | |
| 16:28,64 (1:18,73) 17:46,67 (1:18,03) 19:00,85 (1:14,18) | | | |
| 8. Lars Pfeifer | 94 SV Garbsen | 19:01,65 | 449 |
| 1:08,15 (1:08,15) 2:22,81 (1:14,66) 3:39,09 (1:16,28) 4:56,50 (1:17,41) | | | |
| 6:13,81 (1:17,31) 7:30,50 (1:16,69) 8:47,09 (1:16,59) 10:04,40 (1:17,31) | | | |
| 11:21,37 (1:16,97) 12:38,59 (1:17,22) 13:55,22 (1:16,63) 15:12,00 (1:16,78) | | | |
| 16:29,53 (1:17,53) 17:46,40 (1:16,87) 19:01,65 (1:15,25) | | | |
| 9. Nick Hammer | 96 TV Jahn Wolfsburg I | 20:16,82 | 371 |
| 1:13,67 (1:13,67) 2:34,42 (1:20,75) 3:56,89 (1:22,47) 5:19,10 (1:22,21) | | | |
| 6:40,89 (1:21,79) 8:02,39 (1:21,50) 9:24,64 (1:22,25) 10:46,48 (1:21,84) | | | |
| 12:08,42 (1:21,94) 13:30,48 (1:22,06) 14:53,04 (1:22,56) 16:15,29 (1:22,25) | | | |
| 17:37,57 (1:22,28) 18:59,23 (1:21,66) 20:16,82 (1:17,59) | | | |
| 10. Stefan Hanneke | 89 W98 Hannover III | 21:39,84 | 304 |
| 1:08,12 (1:08,12) 2:27,47 (1:19,35) 3:51,22 (1:23,75) 5:18,38 (1:27,16) | | | |
| 6:47,76 (1:29,38) 8:17,38 (1:29,62) 9:48,06 (1:30,68) 11:18,69 (1:30,63) | | | |
| 12:48,44 (1:29,75) 14:16,88 (1:28,44) 15:46,13 (1:29,25) 17:15,44 (1:29,31) | | | |
| 18:45,53 (1:30,09) 20:13,60 (1:28,07) 21:39,84 (1:26,24) | | | |

Zwischenstand: DMS-Wertung 2013 Männer

| | |
|-------------------------|------|
| 1. SG Osnabrück I | 4560 |
| 2. SGS Hannover | 4352 |
| 3. Wardenburger SC | 4094 |
| 4. Waspo 08 Göttingen | 3847 |
| 5. SSG Braunschweig | 3825 |
| 6. TSV Quakenbrück | 3798 |
| 7. VfV Hildesheim I | 3597 |
| 8. SV Garbsen | 3577 |
| 9. W98 Hannover III | 2986 |
| 10. TV Jahn Wolfsburg I | 2974 |

Wettkampf 15: 50 m Schmetterling weiblich

| | | | |
|----------------------|-------------------------|---------|-----|
| 1. Nicole Heidemann | 82 TV Meppen | 0:29,08 | 671 |
| 2. Anna Lefers | 97 TSV Achim | 0:29,08 | 671 |
| 3. Fabienne Mann | 95 BSV Ölper | 0:29,61 | 635 |
| 4. Rika Henniges | 95 SSG Braunschweig | 0:30,29 | 593 |
| 5. Melanie Behrens | 94 W98 Hannover II | 0:30,57 | 577 |
| 6. Marloes Ekkelboom | 97 Waspo Nordhorn I | 0:31,92 | 507 |
| 7. Kristina Hesse | 95 Wardenburger SC | 0:32,38 | 486 |
| 8. Marina Mann | 96 Delmenhorster SV | 0:32,38 | 486 |
| 9. Judith Marcus | 96 Eintracht Hildesheim | 0:33,06 | 456 |
| 10. Annika Teuber | 97 Waspo 08 Göttingen | 0:33,43 | 441 |

Zwischenstand: DMS-Wertung 2013 Frauen

| | |
|--------------------------|------|
| 1. TV Meppen | 4502 |
| 2. TSV Achim | 4487 |
| 3. SSG Braunschweig | 4335 |
| 4. Waspo 08 Göttingen | 4286 |
| 5. Delmenhorster SV | 4219 |
| 6. Waspo Nordhorn I | 4169 |
| 7. Wardenburger SC | 4079 |
| 8. W98 Hannover II | 3944 |
| 9. BSV Ölper | 3888 |
| 10. Eintracht Hildesheim | 3867 |

Wettkampf 16: 50 m Schmetterling männlich

| | | | |
|-------------------------|------------------------|---------|-----|
| 1. Stephan Jazbinsek | 86 Wardenburger SC | 0:25,79 | 705 |
| 2. Martin Kesse | 90 TSV Quakenbrück | 0:26,91 | 621 |
| 3. Tim Grüne | 74 Waspo 08 Göttingen | 0:27,23 | 599 |
| 4. Christoph Meyer | 92 SSG Braunschweig | 0:27,34 | 592 |
| 5. Zygimantas Ziaukas | 92 SG Osnabrück I | 0:27,56 | 578 |
| 6. Max Neubert | 85 SGS Hannover | 0:28,30 | 534 |
| 7. Tobias Gabriel | 96 W98 Hannover III | 0:28,50 | 522 |
| 8. Dennis Bieger | 90 SV Garbsen | 0:28,57 | 519 |
| 9. Matthias Zeuner | 70 TV Jahn Wolfsburg I | 0:28,84 | 504 |
| 10. Maximilian Klußmann | 94 VfV Hildesheim I | 0:29,86 | 454 |

Zwischenstand: DMS-Wertung 2013 Männer

| | |
|-------------------------|------|
| 1. SG Osnabrück I | 5138 |
| 2. SGS Hannover | 4886 |
| 3. Wardenburger SC | 4799 |
| 4. Waspo 08 Göttingen | 4446 |
| 5. TSV Quakenbrück | 4419 |
| 6. SSG Braunschweig | 4417 |
| 7. SV Garbsen | 4096 |
| 8. VfV Hildesheim I | 4051 |
| 9. W98 Hannover III | 3508 |
| 10. TV Jahn Wolfsburg I | 3478 |

Wettkampf 17: 200 m Brust weiblich

| | | | |
|--------------------|-----------------------|-------------------|-----|
| 1. Julia Zeuschner | 93 Wardenburger SC | 2:42,67 | 640 |
| 1:18,07 (1:18,07) | | 2:42,67 (1:24,60) | |
| 2. Sofie Schröder | 97 TV Meppen | 2:51,06 | 550 |
| 1:21,62 (1:21,62) | | 2:51,06 (1:29,44) | |
| 3. Wiebke Zacher | 94 TSV Achim | 2:52,53 | 536 |
| 1:22,30 (1:22,30) | | 2:52,53 (1:30,23) | |
| 4. Jule Grunewald | 98 SSG Braunschweig | 2:55,24 | 512 |
| 1:24,37 (1:24,37) | | 2:55,24 (1:30,87) | |
| 5. Alke Heise | 99 Waspo 08 Göttingen | 2:56,19 | 504 |
| 1:24,19 (1:24,19) | | 2:56,19 (1:32,00) | |
| 6. Tina Röttgers | 94 Waspo Nordhorn I | 2:57,13 | 496 |
| 1:22,02 (1:22,02) | | 2:57,13 (1:35,11) | |

Wettkampf 17: 200 m Brust weiblich

| | | | | |
|---------------------|-------------------|-------------------------|---------|-----|
| 7. Laura Stawinsky | | 95 Delmenhorster SV | 2:57,44 | 493 |
| 1:23,50 (1:23,50) | 2:57,44 (1:33,94) | | | |
| 8. Sarah Friese | | 99 BSV Ölper | 3:05,53 | 431 |
| 1:29,10 (1:29,10) | 3:05,53 (1:36,43) | | | |
| 9. Phyllis Wehrmann | | 99 Eintracht Hildesheim | 3:05,60 | 431 |
| 1:26,47 (1:26,47) | 3:05,60 (1:39,13) | | | |
| 10. Alina Muminovic | | 99 W98 Hannover II | 3:08,77 | 409 |
| --:-- | 3:08,77 | | | |

Zwischenstand: DMS-Wertung 2013 Frauen

| | |
|--------------------------|------|
| 1. TV Meppen | 5052 |
| 2. TSV Achim | 5023 |
| 3. SSG Braunschweig | 4847 |
| 4. Waspo 08 Göttingen | 4790 |
| 5. Wardenburger SC | 4719 |
| 6. Delmenhorster SV | 4712 |
| 7. Waspo Nordhorn I | 4665 |
| 8. W98 Hannover II | 4353 |
| 9. BSV Ölper | 4319 |
| 10. Eintracht Hildesheim | 4298 |

Wettkampf 18: 200 m Brust männlich

| | | | | |
|-------------------------|-------------------|------------------------|---------|-----|
| 1. Gerd-Albert Hoffmann | | 86 SGS Hannover | 2:26,56 | 658 |
| 1:08,50 (1:08,50) | 2:26,56 (1:18,06) | | | |
| 2. Andreas Stein | | 84 Wardenburger SC | 2:26,58 | 658 |
| 1:09,36 (1:09,36) | 2:26,58 (1:17,22) | | | |
| 3. Sören Beuermann | | 93 Waspo 08 Göttingen | 2:32,13 | 588 |
| 1:12,81 (1:12,81) | 2:32,13 (1:19,32) | | | |
| 4. Kostya Vasylenko | | 98 SV Garbsen | 2:34,24 | 564 |
| 1:14,46 (1:14,46) | 2:34,24 (1:19,78) | | | |
| 5. Stefan Middendorf | | 91 TSV Quakenbrück | 2:38,31 | 522 |
| 1:14,03 (1:14,03) | 2:38,31 (1:24,28) | | | |
| 6. Cedric Rzesacz | | 98 SSG Braunschweig | 2:41,42 | 492 |
| 1:16,48 (1:16,48) | 2:41,42 (1:24,94) | | | |
| 7. Jurij Kolmakov | | 96 SG Osnabrück I | 2:45,67 | 455 |
| 1:17,68 (1:17,68) | 2:45,67 (1:27,99) | | | |
| 8. Alexander Granietzny | | 96 VfV Hildesheim I | 2:52,28 | 405 |
| 1:20,22 (1:20,22) | 2:52,28 (1:32,06) | | | |
| 9. Lars Schmidt | | 99 TV Jahn Wolfsburg I | 2:59,47 | 358 |
| 1:25,60 (1:25,60) | 2:59,47 (1:33,87) | | | |
| 10. Bogdan Taran | | 98 W98 Hannover III | 3:00,92 | 350 |
| 1:23,80 (1:23,80) | 3:00,92 (1:37,12) | | | |

Zwischenstand: DMS-Wertung 2013 Männer

| | |
|-------------------------|------|
| 1. SG Osnabrück I | 5593 |
| 2. SGS Hannover | 5544 |
| 3. Wardenburger SC | 5457 |
| 4. Waspo 08 Göttingen | 5034 |
| 5. TSV Quakenbrück | 4941 |
| 6. SSG Braunschweig | 4909 |
| 7. SV Garbsen | 4660 |
| 8. VfV Hildesheim I | 4456 |
| 9. W98 Hannover III | 3858 |
| 10. TV Jahn Wolfsburg I | 3836 |

Wettkampf 19: 100 m Rücken weiblich

| | | | |
|--------------------------|-------------------------|---------|-----|
| 1. Kerstin Minge | 91 TSV Achim | 1:07,84 | 650 |
| 2. Vera Kemmesies | 95 Delmenhorster SV | 1:12,16 | 540 |
| 3. Beret Höpfner | 99 Waspo 08 Göttingen | 1:12,53 | 532 |
| 4. Nele Tschachschal | 99 SSG Braunschweig | 1:12,74 | 527 |
| 5. Luisa Schmalkuche | 97 Eintracht Hildesheim | 1:15,13 | 478 |
| 6. Paula Ingenerf | 98 Wardenburger SC | 1:15,34 | 474 |
| 7. Yekatarina Mikhailova | 94 W98 Hannover II | 1:15,72 | 467 |
| 8. Melanie Lehne | 98 BSV Ölper | 1:16,61 | 451 |
| 9. Miriam Menke | 99 TV Meppen | 1:16,66 | 450 |
| 10. Clara Schiphorst | 99 Waspo Nordhorn I | 1:17,97 | 428 |

Zwischenstand: DMS-Wertung 2013 Frauen

| | |
|-------------------------|------|
| 1. TSV Achim | 5673 |
| 2. TV Meppen | 5502 |
| 3. SSG Braunschweig | 5374 |
| 4. Waspo 08 Göttingen | 5322 |
| 5. Delmenhorster SV | 5252 |
| 6. Wardenburger SC | 5193 |
| 7. Waspo Nordhorn I | 5093 |
| 8. W98 Hannover II | 4820 |
| 9. Eintracht Hildesheim | 4776 |
| 10. BSV Ölper | 4770 |

Wettkampf 20: 100 m Rücken männlich

| | | | |
|----------------------------|-----------------------|---------|-----|
| 1. Jeremy-Jay Krogull-Hull | 93 SG Osnabrück I | 0:58,39 | 728 |
| 2. Torsten Lippmann | 92 SGS Hannover | 0:58,84 | 711 |
| 3. Sönke Rosskamp | 93 Wardenburger SC | 1:01,91 | 611 |
| 4. Rico Paul | 98 Waspo 08 Göttingen | 1:05,30 | 520 |
| 5. Sebastian Lühring | 93 SV Garbsen | 1:05,72 | 510 |
| 6. Christian Ackermann | 96 VfV Hildesheim I | 1:06,37 | 496 |
| 7. Jan Josipovic | 97 W98 Hannover III | 1:08,40 | 453 |
| 8. Peter Schwenzer | 82 SSG Braunschweig | 1:08,44 | 452 |
| 9. Malte Stühmeier | 89 TSV Quakenbrück | 1:08,82 | 444 |

Disqualifikation:

Tobias Nawi 92 TV Jahn Wolfsburg I
Der Schwimmer hat auf der 3. Bahn die Rückenlage verlassen.
Uhrzeit der Bekanntgabe: 12:09 Uhr

Zwischenstand: DMS-Wertung 2013 Männer

| | |
|-------------------------|------|
| 1. SG Osnabrück I | 6321 |
| 2. SGS Hannover | 6255 |
| 3. Wardenburger SC | 6068 |
| 4. Waspo 08 Göttingen | 5554 |
| 5. TSV Quakenbrück | 5385 |
| 6. SSG Braunschweig | 5361 |
| 7. SV Garbsen | 5170 |
| 8. VfV Hildesheim I | 4952 |
| 9. W98 Hannover III | 4311 |
| 10. TV Jahn Wolfsburg I | 3836 |

Wettkampf 21: 200 m Schmetterling weiblich

| | | | |
|-------------------------------------|-------------------------|---------|-----|
| 1. Friderike Schiphorst | 96 Waspo Nordhorn I | 2:35,97 | 504 |
| 1:10,11 (1:10,11) 2:35,97 (1:25,86) | | | |
| 2. Tatjana Barke | 94 Delmenhorster SV | 2:41,36 | 455 |
| 1:14,51 (1:14,51) 2:41,36 (1:26,85) | | | |
| 3. Charline Rippe | 88 TSV Achim | 2:44,97 | 426 |
| 1:14,50 (1:14,50) 2:44,97 (1:30,47) | | | |
| 4. Lisa-Marie Bungart | 97 W98 Hannover II | 2:47,89 | 404 |
| 1:17,55 (1:17,55) 2:47,89 (1:30,34) | | | |
| 5. Clara Kamper | 00 Waspo 08 Göttingen | 2:48,58 | 399 |
| 1:17,58 (1:17,58) 2:48,58 (1:31,00) | | | |
| 6. Mandy Steenkamp | 00 TV Meppen | 2:50,66 | 385 |
| 1:21,50 (1:21,50) 2:50,66 (1:29,16) | | | |
| 7. Wiebke Maibohm | 92 Eintracht Hildesheim | 2:51,03 | 382 |
| 1:17,01 (1:17,01) 2:51,03 (1:34,02) | | | |
| 8. Johanna Ingenerf | 00 Wardenburger SC | 2:51,43 | 380 |
| 1:20,09 (1:20,09) 2:51,43 (1:31,34) | | | |
| 9. Anna de Boer | 00 BSV Ölper | 2:55,93 | 351 |
| 1:19,81 (1:19,81) 2:55,93 (1:36,12) | | | |
| 10. Lara Kleinschnittger | 90 SSG Braunschweig | 2:57,93 | 339 |
| 1:20,98 (1:20,98) 2:57,93 (1:36,95) | | | |

Zwischenstand: DMS-Wertung 2013 Frauen

| | |
|-------------------------|------|
| 1. TSV Achim | 6099 |
| 2. TV Meppen | 5887 |
| 3. Waspo 08 Göttingen | 5721 |
| 4. SSG Braunschweig | 5713 |
| 5. Delmenhorster SV | 5707 |
| 6. Waspo Nordhorn I | 5597 |
| 7. Wardenburger SC | 5573 |
| 8. W98 Hannover II | 5224 |
| 9. Eintracht Hildesheim | 5158 |
| 10. BSV Ölper | 5121 |

Wettkampf 22: 200 m Schmetterling männlich

| | | | |
|-------------------------------------|------------------------|---------|-----|
| 1. Marcel Jerzyk | 92 Waspo 08 Göttingen | 2:08,66 | 660 |
| 1:02,03 (1:02,03) 2:08,66 (1:06,63) | | | |
| 2. Nils Frese | 84 SGS Hannover | 2:09,93 | 641 |
| 1:02,25 (1:02,25) 2:09,93 (1:07,68) | | | |
| 3. Matthias Michaelsen | 77 SG Osnabrück I | 2:15,31 | 567 |
| 1:02,82 (1:02,82) 2:15,31 (1:12,49) | | | |
| 4. Fabian Peter | 81 SV Garbsen | 2:18,76 | 526 |
| 1:04,80 (1:04,80) 2:18,76 (1:13,96) | | | |
| 5. Fabio Kreth | 93 VfV Hildesheim I | 2:19,76 | 515 |
| 1:03,26 (1:03,26) 2:19,76 (1:16,50) | | | |
| 6. Heiko Boknecht | 68 TSV Quakenbrück | 2:21,81 | 493 |
| 1:07,47 (1:07,47) 2:21,81 (1:14,34) | | | |
| 7. Frank Stuckenberg | 90 Wardenburger SC | 2:24,38 | 467 |
| 1:07,84 (1:07,84) 2:24,38 (1:16,54) | | | |
| 8. Jan Martin Hasenpusch | 89 SSG Braunschweig | 2:31,02 | 408 |
| 1:09,20 (1:09,20) 2:31,02 (1:21,82) | | | |
| 9. Tobias Gabriel | 96 W98 Hannover III | 2:32,10 | 399 |
| 1:10,58 (1:10,58) 2:32,10 (1:21,52) | | | |
| 10. Nick Hammer | 96 TV Jahn Wolfsburg I | 2:50,39 | 284 |
| 1:19,33 (1:19,33) 2:50,39 (1:31,06) | | | |

Zwischenstand: DMS-Wertung 2013 Männer

| | |
|-------------------------|------|
| 1. SGS Hannover | 6896 |
| 2. SG Osnabrück I | 6888 |
| 3. Wardenburger SC | 6535 |
| 4. Waspo 08 Göttingen | 6214 |
| 5. TSV Quakenbrück | 5878 |
| 6. SSG Braunschweig | 5769 |
| 7. SV Garbsen | 5696 |
| 8. VfV Hildesheim I | 5467 |
| 9. W98 Hannover III | 4710 |
| 10. TV Jahn Wolfsburg I | 4120 |

Wettkampf 23: 50 m Freistil weiblich

| | | | |
|------------------------|-------------------------|---------|-----|
| 1. Janina Herbst | 93 Eintracht Hildesheim | 0:26,92 | 705 |
| 2. Nicole Heidemann | 82 TV Meppen | 0:27,16 | 687 |
| 3. Carina Czienskowski | 90 Delmenhorster SV | 0:27,91 | 633 |
| 4. Fiona Lambers | 97 Waspo Nordhorn I | 0:28,30 | 607 |
| 5. Alexandra Lassalle | 00 Wardenburger SC | 0:28,74 | 580 |
| 6. Fiona Sander | 95 TSV Achim | 0:28,91 | 569 |
| 6. Melanie Behrens | 94 W98 Hannover II | 0:28,91 | 569 |
| 8. Alina Sayme | 98 SSG Braunschweig | 0:29,43 | 540 |
| 9. Sophie Krumbach | 95 Waspo 08 Göttingen | 0:30,65 | 478 |
| 10. Melanie Lehne | 98 BSV Ölper | 0:31,14 | 456 |

Zwischenstand: DMS-Wertung 2013 Frauen

| | |
|-------------------------|------|
| 1. TSV Achim | 6668 |
| 2. TV Meppen | 6574 |
| 3. Delmenhorster SV | 6340 |
| 4. SSG Braunschweig | 6253 |
| 5. Waspo Nordhorn I | 6204 |
| 6. Waspo 08 Göttingen | 6199 |
| 7. Wardenburger SC | 6153 |
| 8. Eintracht Hildesheim | 5863 |
| 9. W98 Hannover II | 5793 |
| 10. BSV Ölper | 5577 |

Wettkampf 24: 50 m Freistil männlich

| | | | |
|-------------------------|------------------------|---------|-----|
| 1. Jonas Bergmann. | 95 SG Osnabrück I | 0:22,43 | 853 |
| 2. Christian Göthert | 90 Wardenburger SC | 0:24,00 | 697 |
| 3. Andreas Haidukiewitz | 86 TSV Quakenbrück | 0:24,45 | 659 |
| 4. Fabian Natusch | 96 TV Jahn Wolfsburg I | 0:25,38 | 589 |
| 5. Max Neubert | 85 SGS Hannover | 0:25,62 | 573 |
| 6. Bastian Damrath | 91 SSG Braunschweig | 0:25,75 | 564 |
| 7. Lukas Freund | 96 Waspo 08 Göttingen | 0:25,87 | 556 |
| 8. Nicolas Kuhn | 97 W98 Hannover III | 0:26,13 | 540 |
| 9. Maximilian Klußmann | 94 VfV Hildesheim I | 0:26,17 | 537 |
| 10. Lars Schleusener | 85 SV Garbsen | 0:28,56 | 413 |

Zwischenstand: DMS-Wertung 2013 Männer

| | |
|-------------------------|------|
| 1. SG Osnabrück I | 7741 |
| 2. SGS Hannover | 7469 |
| 3. Wardenburger SC | 7232 |
| 4. Waspo 08 Göttingen | 6770 |
| 5. TSV Quakenbrück | 6537 |
| 6. SSG Braunschweig | 6333 |
| 7. SV Garbsen | 6109 |
| 8. VfV Hildesheim I | 6004 |
| 9. W98 Hannover III | 5250 |
| 10. TV Jahn Wolfsburg I | 4709 |

Wettkampf 25: 400 m Lagen weiblich

| | | | |
|-------------------------------------|-------------------------------------|---------|-----|
| 1. Victoria Buß | 99 TV Meppen | 5:21,48 | 588 |
| 1:12,80 (1:12,80) 2:38,07 (1:25,27) | 4:06,79 (1:28,72) 5:21,48 (1:14,69) | | |
| 2. Phillis Michelle Range | 99 Waspo 08 Göttingen | 5:22,88 | 581 |
| 1:17,68 (1:17,68) 2:41,64 (1:23,96) | 4:07,51 (1:25,87) 5:22,88 (1:15,37) | | |
| 3. Lena-Karolin Wiese | 93 TSV Achim | 5:25,54 | 567 |
| 1:15,23 (1:15,23) 2:40,73 (1:25,50) | 4:09,00 (1:28,27) 5:25,54 (1:16,54) | | |
| 4. Eva Vernaleken | 96 SSG Braunschweig | 5:31,78 | 535 |
| 1:16,03 (1:16,03) 2:41,79 (1:25,76) | 4:18,85 (1:37,06) 5:31,78 (1:12,93) | | |
| 5. Ann-Christin Schneider | 96 Eintracht Hildesheim | 5:35,26 | 519 |
| 1:16,75 (1:16,75) 2:36,88 (1:20,13) | 4:19,03 (1:42,15) 5:35,26 (1:16,23) | | |
| 6. Kristina Hesse | 95 Wardenburger SC | 5:40,91 | 493 |
| 1:14,19 (1:14,19) 2:40,09 (1:25,90) | 4:19,29 (1:39,20) 5:40,91 (1:21,62) | | |
| 7. Leonie Vieler | 99 BSV Ölper | 5:44,53 | 478 |
| 1:23,35 (1:23,35) 2:48,94 (1:25,59) | 4:28,66 (1:39,72) 5:44,53 (1:15,87) | | |
| 8. Neele Kozak | 97 Delmenhorster SV | 5:50,06 | 456 |
| 1:18,77 (1:18,77) 2:47,35 (1:28,58) | 4:28,07 (1:40,72) 5:50,06 (1:21,99) | | |
| 9. Annika Lindstrom | 95 Waspo Nordhorn I | 5:50,99 | 452 |
| --:-- | --:-- 5:50,99 | | |
| 10. Alina Muminovic | 99 W98 Hannover II | 5:58,50 | 424 |
| 1:19,43 (1:19,43) 2:50,56 (1:31,13) | 4:34,15 (1:43,59) 5:58,50 (1:24,35) | | |

Zwischenstand: DMS-Wertung 2013 Frauen

| | |
|-------------------------|------|
| 1. TSV Achim | 7235 |
| 2. TV Meppen | 7162 |
| 3. Delmenhorster SV | 6796 |
| 4. SSG Braunschweig | 6788 |
| 5. Waspo 08 Göttingen | 6780 |
| 6. Waspo Nordhorn I | 6656 |
| 7. Wardenburger SC | 6646 |
| 8. Eintracht Hildesheim | 6382 |
| 9. W98 Hannover II | 6217 |
| 10. BSV Ölper | 6055 |

Wettkampf 26: 400 m Lagen männlich

| | | | |
|-------------------------------------|-------------------------------------|---------|-----|
| 1. Markus Tasche | 84 SGS Hannover | 4:52,03 | 582 |
| 1:05,81 (1:05,81) 2:21,78 (1:15,97) | 3:45,16 (1:23,38) 4:52,03 (1:06,87) | | |
| 2. Paul Lampert | 96 Wardenburger SC | 5:02,75 | 522 |
| 1:08,10 (1:08,10) 2:24,60 (1:16,50) | 3:57,34 (1:32,74) 5:02,75 (1:05,41) | | |
| 3. Sebastian Kamlot | 97 Waspo 08 Göttingen | 5:05,62 | 507 |
| 1:09,35 (1:09,35) 2:27,88 (1:18,53) | 3:57,10 (1:29,22) 5:05,62 (1:08,52) | | |
| 4. Lars Kiesow | 97 SG Osnabrück I | 5:06,51 | 503 |
| 1:13,02 (1:13,02) 2:30,29 (1:17,27) | 3:57,32 (1:27,03) 5:06,51 (1:09,19) | | |
| 5. Paul Gorsler | 97 VfV Hildesheim I | 5:09,91 | 487 |
| 1:11,19 (1:11,19) 2:34,25 (1:23,06) | 4:00,60 (1:26,35) 5:09,91 (1:09,31) | | |
| 6. Jan Josipovic | 97 W98 Hannover III | 5:10,91 | 482 |
| 1:16,18 (1:16,18) 2:32,65 (1:16,47) | 4:03,66 (1:31,01) 5:10,91 (1:07,25) | | |
| 7. Stefan Middendorf | 91 TSV Quakenbrück | 5:14,00 | 468 |
| 1:11,61 (1:11,61) 2:33,67 (1:22,06) | 3:59,92 (1:26,25) 5:14,00 (1:14,08) | | |
| 8. Sören Novin | 86 SSG Braunschweig | 5:15,13 | 463 |
| 1:11,20 (1:11,20) 2:34,18 (1:22,98) | 4:04,95 (1:30,77) 5:15,13 (1:10,18) | | |
| 9. Sascha Hausmann | 87 SV Garbsen | 5:15,51 | 461 |
| 1:08,27 (1:08,27) 2:29,97 (1:21,70) | 4:03,36 (1:33,39) 5:15,51 (1:12,15) | | |
| 10. Fabian Engel | 97 TV Jahn Wolfsburg I | 5:50,14 | 337 |
| 1:21,62 (1:21,62) 2:42,03 (1:20,41) | 4:28,78 (1:46,75) 5:50,14 (1:21,36) | | |

Zwischenstand: DMS-Wertung 2013 Männer

| | |
|-------------------------|------|
| 1. SG Osnabrück I | 8244 |
| 2. SGS Hannover | 8051 |
| 3. Wardenburger SC | 7754 |
| 4. Waspo 08 Göttingen | 7277 |
| 5. TSV Quakenbrück | 7005 |
| 6. SSG Braunschweig | 6796 |
| 7. SV Garbsen | 6570 |
| 8. VfV Hildesheim I | 6491 |
| 9. W98 Hannover III | 5732 |
| 10. TV Jahn Wolfsburg I | 5046 |

Wettkampf 27: 50 m Rücken weiblich

| | | | |
|----------------------|-------------------------|---------|-----|
| 1. Anna Lefers | 97 TSV Achim | 0:31,07 | 706 |
| 2. Fabienne Mann | 95 BSV Ölper | 0:31,28 | 692 |
| 3. Sofie Schröder | 97 TV Meppen | 0:33,11 | 583 |
| 4. Maxi Tschachschal | 97 SSG Braunschweig | 0:33,48 | 564 |
| 5. Aylin Lohmann | 98 W98 Hannover II | 0:33,48 | 564 |
| 6. Vera Kemmesies | 95 Delmenhorster SV | 0:33,82 | 547 |
| 7. Beret Höpfner | 99 Waspo 08 Göttingen | 0:34,50 | 515 |
| 8. Paula Ingenerf | 98 Wardenburger SC | 0:35,08 | 490 |
| 9. Clara Schiphorst | 99 Waspo Nordhorn I | 0:35,68 | 466 |
| 10. Gesa Schreiber | 99 Eintracht Hildesheim | 0:36,34 | 441 |

Zwischenstand: DMS-Wertung 2013 Frauen

| | |
|-------------------------|------|
| 1. TSV Achim | 7941 |
| 2. TV Meppen | 7745 |
| 3. SSG Braunschweig | 7352 |
| 4. Delmenhorster SV | 7343 |
| 5. Waspo 08 Göttingen | 7295 |
| 6. Wardenburger SC | 7136 |
| 7. Waspo Nordhorn I | 7122 |
| 8. Eintracht Hildesheim | 6823 |
| 9. W98 Hannover II | 6781 |
| 10. BSV Ölper | 6747 |

Wettkampf 28: 50 m Rücken männlich

| | | | |
|----------------------------|------------------------|---------|-----|
| 1. Jeremy-Jay Krogull-Hull | 93 SG Osnabrück I | 0:26,59 | 779 |
| 2. Torsten Lippmann | 92 SGS Hannover | 0:27,02 | 742 |
| 3. Martin Kesse | 90 TSV Quakenbrück | 0:28,85 | 610 |
| 4. Clemens-Jonas Kaiser | 93 SSG Braunschweig | 0:29,22 | 587 |
| 5. Axel Stefan | 87 Wardenburger SC | 0:29,34 | 580 |
| 6. Felix Schreiber | 96 W98 Hannover III | 0:30,07 | 538 |
| 7. Christian Ackermann | 96 VfV Hildesheim I | 0:30,54 | 514 |
| 8. Dennis Bieger | 90 SV Garbsen | 0:31,45 | 471 |
| 9. Matthias Zeuner | 70 TV Jahn Wolfsburg I | 0:31,64 | 462 |
| 10. Alexander Kornmüller | 96 Waspo 08 Göttingen | 0:31,84 | 453 |

Zwischenstand: DMS-Wertung 2013 Männer

| | |
|-------------------------|------|
| 1. SG Osnabrück I | 9023 |
| 2. SGS Hannover | 8793 |
| 3. Wardenburger SC | 8334 |
| 4. Waspo 08 Göttingen | 7730 |
| 5. TSV Quakenbrück | 7615 |
| 6. SSG Braunschweig | 7383 |
| 7. SV Garbsen | 7041 |
| 8. VfV Hildesheim I | 7005 |
| 9. W98 Hannover III | 6270 |
| 10. TV Jahn Wolfsburg I | 5508 |

Wettkampf 29: 400 m Freistil weiblich

| | | | | | | | |
|----------------------|-------------------|-------------------|-------------------|-------------------|-------------------------|---------|-----|
| 1. Nele Tschachschal | 1:09,00 (1:09,00) | 2:22,73 (1:13,73) | 3:36,16 (1:13,43) | 4:47,13 (1:10,97) | 99 SSG Braunschweig | 4:47,13 | 595 |
| 2. Fiona Lambers | 1:05,79 (1:05,79) | 2:19,03 (1:13,24) | 3:33,88 (1:14,85) | 4:47,64 (1:13,76) | 97 Waspo Nordhorn I | 4:47,64 | 592 |
| 3. Sonja Beider | 1:08,74 (1:08,74) | 2:23,20 (1:14,46) | 3:38,06 (1:14,86) | 4:49,69 (1:11,63) | 98 W98 Hannover II | 4:49,69 | 579 |
| 4. Lena Großklaus | 1:08,68 (1:08,68) | 2:23,03 (1:14,35) | 3:37,46 (1:14,43) | 4:49,69 (1:12,23) | 00 Wardenburger SC | 4:49,69 | 579 |
| 5. Annika Teuber | 1:08,85 (1:08,85) | 2:23,94 (1:15,09) | 3:41,28 (1:17,34) | 4:57,53 (1:16,25) | 97 Waspo 08 Göttingen | 4:57,53 | 534 |
| 6. Sandra Grönniger | 1:07,74 (1:07,74) | 2:23,72 (1:15,98) | 3:40,98 (1:17,26) | 4:57,70 (1:16,72) | 96 TV Meppen | 4:57,70 | 534 |
| 7. Miriam Voß | 1:10,85 (1:10,85) | 2:26,64 (1:15,79) | 3:43,24 (1:16,60) | 4:59,71 (1:16,47) | 97 TSV Achim | 4:59,71 | 523 |
| 8. Lena Anders | 1:09,54 (1:09,54) | 2:27,06 (1:17,52) | 3:47,11 (1:20,05) | 5:06,93 (1:19,82) | 99 Delmenhorster SV | 5:06,93 | 487 |
| 9. Anja Schano | 1:10,96 (1:10,96) | 2:30,54 (1:19,58) | 3:53,63 (1:23,09) | 5:16,37 (1:22,74) | 99 Eintracht Hildesheim | 5:16,37 | 444 |
| 10. Sarah Friese | 1:12,41 (1:12,41) | 2:34,63 (1:22,22) | 3:58,38 (1:23,75) | 5:18,38 (1:20,00) | 99 BSV Ölper | 5:18,38 | 436 |

Zwischenstand: DMS-Wertung 2013 Frauen

| | |
|-------------------------|------|
| 1. TSV Achim | 8464 |
| 2. TV Meppen | 8279 |
| 3. SSG Braunschweig | 7947 |
| 4. Delmenhorster SV | 7830 |
| 5. Waspo 08 Göttingen | 7829 |
| 6. Wardenburger SC | 7715 |
| 7. Waspo Nordhorn I | 7714 |
| 8. W98 Hannover II | 7360 |
| 9. Eintracht Hildesheim | 7267 |
| 10. BSV Ölper | 7183 |

Wettkampf 30: 400 m Freistil männlich

| | | | | | | | |
|------------------------|-------------------|-------------------|-------------------|-------------------|------------------------|---------|-----|
| 1. Holger Ladenthin | 1:00,16 (1:00,16) | 2:05,60 (1:05,44) | 3:12,75 (1:07,15) | 4:18,43 (1:05,68) | 79 SGS Hannover | 4:18,43 | 617 |
| 2. Christoph Meyer | 1:01,12 (1:01,12) | 2:08,06 (1:06,94) | 3:14,91 (1:06,85) | 4:18,53 (1:03,62) | 92 SSG Braunschweig | 4:18,53 | 616 |
| 3. Joel Strauß | 1:02,03 (1:02,03) | 2:12,22 (1:10,19) | 3:22,19 (1:09,97) | 4:30,44 (1:08,25) | 97 SG Osnabrück I | 4:30,44 | 538 |
| 4. Jan Wunram | 1:02,32 (1:02,32) | 2:12,42 (1:10,10) | 3:25,13 (1:12,71) | 4:36,10 (1:10,97) | 91 Wardenburger SC | 4:36,10 | 506 |
| 5. Florian Gaßmann | 1:03,94 (1:03,94) | 2:15,33 (1:11,39) | 3:27,87 (1:12,54) | 4:38,98 (1:11,11) | 86 SV Garbsen | 4:38,98 | 490 |
| 6. Johannes Kollien | 1:03,74 (1:03,74) | 2:15,08 (1:11,34) | 3:28,04 (1:12,96) | 4:41,63 (1:13,59) | 96 VfV Hildesheim I | 4:41,63 | 477 |
| 7. Philip Krumbach | 1:04,51 (1:04,51) | 2:16,42 (1:11,91) | 3:30,42 (1:14,00) | 4:41,70 (1:11,28) | 98 Waspo 08 Göttingen | 4:41,70 | 476 |
| 8. Hartmut Anneken | 1:08,14 (1:08,14) | 2:21,04 (1:12,90) | 3:31,04 (1:10,00) | 4:41,88 (1:10,84) | 68 TSV Quakenbrück | 4:41,88 | 475 |
| 9. Lars Schmidt | 1:08,06 (1:08,06) | 2:21,85 (1:13,79) | 3:36,16 (1:14,31) | 4:49,72 (1:13,56) | 99 TV Jahn Wolfsburg I | 4:49,72 | 438 |
| 10. Christoph Stierand | 1:09,61 (1:09,61) | 2:26,37 (1:16,76) | 3:41,91 (1:15,54) | 4:56,03 (1:14,12) | 99 W98 Hannover III | 4:56,03 | 410 |

Zwischenstand: DMS-Wertung 2013 Männer

| | |
|-------------------------|------|
| 1. SG Osnabrück I | 9561 |
| 2. SGS Hannover | 9410 |
| 3. Wardenburger SC | 8840 |
| 4. Waspo 08 Göttingen | 8206 |
| 5. TSV Quakenbrück | 8090 |
| 6. SSG Braunschweig | 7999 |
| 7. SV Garbsen | 7531 |
| 8. VfV Hildesheim I | 7482 |
| 9. W98 Hannover III | 6680 |
| 10. TV Jahn Wolfsburg I | 5946 |

Wettkampf 31: 100 m Freistil weiblich

| | | | |
|------------------------|-------------------------|---------|-----|
| 1. Janina Herbst | 93 Eintracht Hildesheim | 0:58,53 | 737 |
| 2. Nicole Heidemann | 82 TV Meppen | 1:01,41 | 638 |
| 3. Carina Czienskowski | 90 Delmenhorster SV | 1:01,83 | 625 |
| 4. Marloes Ekkelboom | 97 Waspo Nordhorn I | 1:02,72 | 599 |
| 5. Melanie Behrens | 94 W98 Hannover II | 1:02,92 | 593 |
| 6. Lena Blum | 99 Waspo 08 Göttingen | 1:03,25 | 584 |
| 7. Caroline Otte | 95 Wardenburger SC | 1:04,38 | 554 |
| 8. Anika Mildner | 97 TSV Achim | 1:04,78 | 543 |
| 9. Jessica Lilienthal | 96 SSG Braunschweig | 1:05,46 | 527 |
| 10. Finja Stephan | 97 BSV Ölper | 1:08,07 | 468 |

Zwischenstand: DMS-Wertung 2013 Frauen

| | |
|-------------------------|------|
| 1. TSV Achim | 9007 |
| 2. TV Meppen | 8917 |
| 3. SSG Braunschweig | 8474 |
| 4. Delmenhorster SV | 8455 |
| 5. Waspo 08 Göttingen | 8413 |
| 6. Waspo Nordhorn I | 8313 |
| 7. Wardenburger SC | 8269 |
| 8. Eintracht Hildesheim | 8004 |
| 9. W98 Hannover II | 7953 |
| 10. BSV Ölper | 7651 |

Wettkampf 32: 100 m Freistil männlich

| | | | |
|-----------------------|------------------------|---------|-----|
| 1. Jonas Bergmann. | 95 SG Osnabrück I | 0:49,92 | 837 |
| 2. Christian Gärtner | 80 TSV Quakenbrück | 0:52,96 | 701 |
| 3. Nils Frese | 84 SGS Hannover | 0:53,19 | 692 |
| 4. Marcel Jerzyk | 92 Waspo 08 Göttingen | 0:53,68 | 673 |
| 5. Stephan Jazbinsek | 86 Wardenburger SC | 0:54,30 | 650 |
| 6. Tobias Klinkberg | 83 SSG Braunschweig | 0:55,42 | 611 |
| 7. Fabian Natusch | 96 TV Jahn Wolfsburg I | 0:56,13 | 588 |
| 8. Nicolas Kuhn | 97 W98 Hannover III | 0:56,43 | 579 |
| 9. Pascal Rother | 94 VfV Hildesheim I | 0:56,45 | 579 |
| 10. Sebastian Lühring | 93 SV Garbsen | 0:58,18 | 528 |

Zwischenstand: DMS-Wertung 2013 Männer

| | |
|-------------------------|-------|
| 1. SG Osnabrück I | 10398 |
| 2. SGS Hannover | 10102 |
| 3. Wardenburger SC | 9490 |
| 4. Waspo 08 Göttingen | 8879 |
| 5. TSV Quakenbrück | 8791 |
| 6. SSG Braunschweig | 8610 |
| 7. VfV Hildesheim I | 8061 |
| 8. SV Garbsen | 8059 |
| 9. W98 Hannover III | 7259 |
| 10. TV Jahn Wolfsburg I | 6534 |

Wettkampf N20: 100 m Rücken männlich Nachschwimmen

1. Tobias Nawi 92 TV Jahn Wolfsburg I 1:03,13 576

DMS-Wertung 2013 Frauen 1.Abschnitt

| | |
|-------------------------|------|
| 1. TSV Achim | 9007 |
| 2. TV Meppen | 8917 |
| 3. SSG Braunschweig | 8474 |
| 4. Delmenhorster SV | 8455 |
| 5. Waspo 08 Göttingen | 8413 |
| 6. Waspo Nordhorn I | 8313 |
| 7. Wardenburger SC | 8269 |
| 8. Eintracht Hildesheim | 8004 |
| 9. W98 Hannover II | 7953 |
| 10. BSV Ölper | 7651 |

DMS-Wertung 2013 Männer 1.Abschnitt

| | |
|-------------------------|-------|
| 1. SG Osnabrück I | 10398 |
| 2. SGS Hannover | 10102 |
| 3. Wardenburger SC | 9490 |
| 4. Waspo 08 Göttingen | 8879 |
| 5. TSV Quakenbrück | 8791 |
| 6. SSG Braunschweig | 8610 |
| 7. VfV Hildesheim I | 8061 |
| 8. SV Garbsen | 8059 |
| 9. W98 Hannover III | 7259 |
| 10. TV Jahn Wolfsburg I | 7110 |

Veranstaltungsort: 31134 Hildesheim

Abschnittsdatum: 26.01.2013

Abschnittsbeginn: 10:00 Uhr

Abschnittsende: 13:03 Uhr

Protokollende: 13:15 Uhr

Protokollführer

Schiedsrichter

Dieses Protokoll wurde mit WK-Pro 2.41 erstellt. Informationen bei:

Torsten Eschner, Internet: <http://www.wk-pro.de>

Protokoll

**Deutscher Mannschaftswettbewerb Schwimmen (DMS) 2013
Landesliga Niedersachsen**

Abschnitt 2 (26.01.2013)

**Veranstalter: Landesschwimmverband Niedersachsen e.V.
Ausrichter: VfV Hildesheim**

Kampfgericht:

| | |
|--|----------------------|
| Schiedsrichter 1 : Carsten Bentlage | LSN |
| Schiedsrichter 2 : Erwin Castorff | LSN |
| Sprecher : Wolfgang Schlüter | LSN |
| Starter : Adalbert Wiechowski | LSN |
| Schwimmrichter 1 : Filip Josipovic | W98 Hannover |
| Schwimmrichter 2 : Jan Hasenpusch | SSG Braunschweig |
| | |
| Zeitnehmerobmann : Melina Poll | Waspo Nordhorn I |
| Zeitnehmer 1 : Peter Sander | TSV Achim |
| Zeitnehmer 2 : Reyk Rüger | TV Meppen |
| Zeitnehmer 3 : Martin Anders | Delmenhorster SV |
| Zeitnehmer 4 : Jowita Wehrmann | Eintracht Hildesheim |
| Zeitnehmer 5 : Silke Kornmüller | Waspo 08 Göttingen |
| Zeitnehmer 6 : Gernot Ingenerf | Wardenburger SC |
| Zeitnehmer 7 : Olha Horbikova | SV Garbsen |
| Reserve-ZN : Heiner Martin | TV Jahn Wolfsburg I |
| | |
| Zielrichterobmann : Erwin Lehne | BSV Ölper |
| Zielrichter 1 : Tanja Kiefer | Wardenburger SC |
| Zielrichter 2 : Christoph van den Boom | VfV Hildesheim |
| Zielrichter 3 : Michael Miede | SSG Braunschweig |
| Zielrichter 4 : Bianca Stierand | W98 Hannover |
| | |
| Wenderichterobmann : Lukas Zeller | SG Osnabrück I |
| Wenderichter 1 : Andrea Beuermann | Waspo 08 Göttingen |
| Wenderichter 2 : Heinz Boknecht | TSV Quakenbrück |
| Wenderichter 3 : Gabriela Kuhn | W98 Hannover |
| Wenderichter 4 : Marion Kaiser | SSG Braunschweig |
| Wenderichter 5 : Frank Heise | Wardenburger SC |
| Wenderichter 6 : Michael Marquardt | SGS Hannover |
| Wenderichter 7 : Rikke Kamlot | Waspo 08 Göttingen |
| | |
| Auswerter : Andreas Kühn | LSN |
| Protokollführer : Dieter Kanstein | VfV Hildesheim |

Vom Kampfgericht Erwin Lehne, BSV Ölper, fehlt die Lizenz.

Abschnittsdaten:

Datum: 26.01.2013
Einlaß: 13:30 Uhr
Einschwimmen: 13:30 Uhr
Kampfrichtersitzung: 13:45 Uhr
Wettkampfbeginn: 14:15 Uhr
Veranstaltungsort: Hallenbad "Wasserparadies", Bischof-Janssen-Str.30, 31134 Hildesheim

Wettkampfanlage:

Zeitmessung: Handzeitnahme
Bahnen: 10 * 25 m
Wassertiefe: 2,00 m - 3,50 m
Wassertemperatur: 26 °C
Trennleinen: Wellenkiller-Leinen

Wettkampffolge:

| | | | | |
|----|------|---------------------|----------|---------------|
| Wk | 33: | 200 m Freistil | weiblich | |
| Wk | 34: | 200 m Freistil | männlich | |
| Wk | 35: | 100 m Brust | weiblich | |
| Wk | 36: | 100 m Brust | männlich | |
| Wk | 37: | 200 m Rücken | weiblich | |
| Wk | 38: | 200 m Rücken | männlich | |
| Wk | 39: | 100 m Schmetterling | weiblich | |
| Wk | 40: | 100 m Schmetterling | männlich | |
| Wk | 41: | 50 m Brust | weiblich | |
| Wk | 42: | 50 m Brust | männlich | |
| Wk | 43: | 200 m Lagen | weiblich | |
| Wk | 44: | 200 m Lagen | männlich | |
| Wk | 45: | 800 m Freistil | weiblich | |
| Wk | 46: | 1500 m Freistil | männlich | |
| Wk | 47: | 50 m Schmetterling | weiblich | |
| Wk | 48: | 50 m Schmetterling | männlich | |
| Wk | 49: | 200 m Brust | weiblich | |
| Wk | 50: | 200 m Brust | männlich | |
| Wk | 51: | 100 m Rücken | weiblich | |
| Wk | 52: | 100 m Rücken | männlich | |
| Wk | 53: | 200 m Schmetterling | weiblich | |
| Wk | 54: | 200 m Schmetterling | männlich | |
| Wk | 55: | 50 m Freistil | weiblich | |
| Wk | 56: | 50 m Freistil | männlich | |
| Wk | 57: | 400 m Lagen | weiblich | |
| Wk | 58: | 400 m Lagen | männlich | |
| Wk | 59: | 50 m Rücken | weiblich | |
| Wk | 60: | 50 m Rücken | männlich | |
| Wk | 61: | 400 m Freistil | weiblich | |
| Wk | 62: | 400 m Freistil | männlich | |
| Wk | 63: | 100 m Freistil | weiblich | |
| Wk | 64: | 100 m Freistil | männlich | |
| Wk | N46: | 1500 m Freistil | männlich | Nachschwimmen |

Wettkampf 33: 200 m Freistil weiblich

| | | | |
|-------------------------------------|-------------------------|---------|-----|
| 1. Kerstin Minge | 91 TSV Achim | 2:14,45 | 622 |
| 1:03,48 (1:03,48) 2:14,45 (1:10,97) | | | |
| 2. Fiona Lambers | 97 Waspo Nordhorn I | 2:16,03 | 601 |
| 1:04,66 (1:04,66) 2:16,03 (1:11,37) | | | |
| 3. Alke Heise | 99 Waspo 08 Göttingen | 2:16,72 | 592 |
| 1:05,28 (1:05,28) 2:16,72 (1:11,44) | | | |
| 4. Sonja Beider | 98 W98 Hannover II | 2:17,93 | 576 |
| 1:06,05 (1:06,05) 2:17,93 (1:11,88) | | | |
| 5. Ann-Christin Schneider | 96 Eintracht Hildesheim | 2:18,51 | 569 |
| 1:06,02 (1:06,02) 2:18,51 (1:12,49) | | | |
| 6. Alexandra Lassalle | 00 Wardenburger SC | 2:21,19 | 537 |
| --:-- 2:21,19 | | | |
| 7. Nele Tschachschal | 99 SSG Braunschweig | 2:22,10 | 527 |
| 1:07,48 (1:07,48) 2:22,10 (1:14,62) | | | |
| 8. Sandra Grönniger | 96 TV Meppen | 2:22,14 | 527 |
| 1:07,58 (1:07,58) 2:22,14 (1:14,56) | | | |
| 9. Leonie Vieler | 99 BSV Ölper | 2:22,43 | 523 |
| 1:07,86 (1:07,86) 2:22,43 (1:14,57) | | | |

Wettkampf 33: 200 m Freistil weiblich

| | | | |
|-------------------------------------|---------------------|---------|-----|
| 10. Katharina Hempten | 88 Delmenhorster SV | 2:25,07 | 495 |
| 1:07,38 (1:07,38) 2:25,07 (1:17,69) | | | |

Zwischenstand: DMS-Wertung 2013 Frauen

| | |
|-------------------------|------|
| 1. TSV Achim | 9629 |
| 2. TV Meppen | 9444 |
| 3. Waspo 08 Göttingen | 9005 |
| 4. SSG Braunschweig | 9001 |
| 5. Delmenhorster SV | 8950 |
| 6. Waspo Nordhorn I | 8914 |
| 7. Wardenburger SC | 8806 |
| 8. Eintracht Hildesheim | 8573 |
| 9. W98 Hannover II | 8529 |
| 10. BSV Ölper | 8174 |

Wettkampf 34: 200 m Freistil männlich

| | | | |
|-------------------------------------|------------------------|---------|-----|
| 1. Sven Stalkamp | 89 SG Osnabrück I | 1:56,89 | 683 |
| 0:55,42 (0:55,42) 1:56,89 (1:01,47) | | | |
| 2. Clemens-Jonas Kaiser | 93 SSG Braunschweig | 2:00,62 | 621 |
| 0:57,86 (0:57,86) 2:00,62 (1:02,76) | | | |
| 3. Fabio Kreth | 93 VfV Hildesheim I | 2:01,91 | 602 |
| 0:58,09 (0:58,09) 2:01,91 (1:03,82) | | | |
| 4. Martin Kesse | 90 TSV Quakenbrück | 2:02,07 | 600 |
| 0:58,36 (0:58,36) 2:02,07 (1:03,71) | | | |
| 5. Tim Grüne | 74 Waspo 08 Göttingen | 2:03,34 | 581 |
| 0:58,84 (0:58,84) 2:03,34 (1:04,50) | | | |
| 6. Christian Göthert | 90 Wardenburger SC | 2:07,92 | 521 |
| 0:54,45 (0:54,45) 2:07,92 (1:13,47) | | | |
| 7. Jan Josipovic | 97 W98 Hannover III | 2:10,38 | 492 |
| 1:02,86 (1:02,86) 2:10,38 (1:07,52) | | | |
| 8. Sascha Hausmann | 87 SV Garbsen | 2:10,90 | 486 |
| 1:02,72 (1:02,72) 2:10,90 (1:08,18) | | | |
| 9. Christoph Monden | 80 TV Jahn Wolfsburg I | 2:14,77 | 445 |
| 1:02,91 (1:02,91) 2:14,77 (1:11,86) | | | |
| 10. Kilian Nebe | 98 SGS Hannover | 2:15,08 | 442 |
| 1:04,35 (1:04,35) 2:15,08 (1:10,73) | | | |

Zwischenstand: DMS-Wertung 2013 Männer

| | |
|-------------------------|-------|
| 1. SG Osnabrück I | 11081 |
| 2. SGS Hannover | 10544 |
| 3. Wardenburger SC | 10011 |
| 4. Waspo 08 Göttingen | 9460 |
| 5. TSV Quakenbrück | 9391 |
| 6. SSG Braunschweig | 9231 |
| 7. VfV Hildesheim I | 8663 |
| 8. SV Garbsen | 8545 |
| 9. W98 Hannover III | 7751 |
| 10. TV Jahn Wolfsburg I | 7555 |

Wettkampf 35: 100 m Brust weiblich

| | | | |
|------------------------|-------------------------|---------|-----|
| 1. Julia Zeuschner | 93 Wardenburger SC | 1:16,81 | 608 |
| 2. Sophie Buß | 97 TV Meppen | 1:17,08 | 602 |
| 3. Carina Czienskowski | 90 Delmenhorster SV | 1:18,20 | 576 |
| 4. Nadine Krautter | 80 TSV Achim | 1:20,98 | 519 |
| 5. Sophie Krumbach | 95 Waspo 08 Göttingen | 1:21,65 | 506 |
| 6. Philine Schwartz | 93 SSG Braunschweig | 1:23,84 | 467 |
| 7. Hanna Thümler | 97 W98 Hannover II | 1:24,89 | 450 |
| 8. Melanie Lehne | 98 BSV Ölper | 1:25,20 | 445 |
| 9. Judith Marcus | 96 Eintracht Hildesheim | 1:27,36 | 413 |
| 10. Annika Lindstrom | 95 Waspo Nordhorn I | 1:27,88 | 406 |

Zwischenstand: DMS-Wertung 2013 Frauen

| | |
|-------------------------|-------|
| 1. TSV Achim | 10148 |
| 2. TV Meppen | 10046 |
| 3. Delmenhorster SV | 9526 |
| 4. Waspo 08 Göttingen | 9511 |
| 5. SSG Braunschweig | 9468 |
| 6. Wardenburger SC | 9414 |
| 7. Waspo Nordhorn I | 9320 |
| 8. Eintracht Hildesheim | 8986 |
| 9. W98 Hannover II | 8979 |
| 10. BSV Ölper | 8619 |

Wettkampf 36: 100 m Brust männlich

| | | | |
|-------------------------|------------------------|---------|-----|
| 1. Matthias Michaelsen | 77 SG Osnabrück I | 1:06,20 | 704 |
| 2. Markus Pleis | 92 Wardenburger SC | 1:06,35 | 699 |
| 3. Gerd-Albert Hoffmann | 86 SGS Hannover | 1:07,56 | 662 |
| 4. Julian Miede | 97 SSG Braunschweig | 1:14,50 | 494 |
| 5. Dominik Wiechowski | 88 SV Garbsen | 1:14,91 | 486 |
| 6. Lukas Freund | 96 Waspo 08 Göttingen | 1:16,32 | 459 |
| 7. Hartmut Anneken | 68 TSV Quakenbrück | 1:17,06 | 446 |
| 8. Alexander Granietzny | 96 VfV Hildesheim I | 1:17,20 | 444 |
| 9. Bogdan Taran | 98 W98 Hannover III | 1:19,56 | 405 |
| 10. Lars Schmidt | 99 TV Jahn Wolfsburg I | 1:23,50 | 351 |

Zwischenstand: DMS-Wertung 2013 Männer

| | |
|-------------------------|-------|
| 1. SG Osnabrück I | 11785 |
| 2. SGS Hannover | 11206 |
| 3. Wardenburger SC | 10710 |
| 4. Waspo 08 Göttingen | 9919 |
| 5. TSV Quakenbrück | 9837 |
| 6. SSG Braunschweig | 9725 |
| 7. VfV Hildesheim I | 9107 |
| 8. SV Garbsen | 9031 |
| 9. W98 Hannover III | 8156 |
| 10. TV Jahn Wolfsburg I | 7906 |

Wettkampf 37: 200 m Rücken weiblich

| | | | |
|-----------------------|-------------------------|-------------------|-----|
| 1. Anna Lefers | 97 TSV Achim | 2:33,17 | 546 |
| 1:14,98 (1:14,98) | | 2:33,17 (1:18,19) | |
| 2. Annika Teuber | 97 Waspo 08 Göttingen | 2:34,89 | 528 |
| 1:14,16 (1:14,16) | | 2:34,89 (1:20,73) | |
| 3. Aylin Lohmann | 98 W98 Hannover II | 2:35,36 | 523 |
| 1:14,45 (1:14,45) | | 2:35,36 (1:20,91) | |
| 4. Marina Mann | 96 Delmenhorster SV | 2:38,46 | 493 |
| 1:15,26 (1:15,26) | | 2:38,46 (1:23,20) | |
| 5. Maxi Tschachschaal | 97 SSG Braunschweig | 2:39,99 | 479 |
| 1:15,86 (1:15,86) | | 2:39,99 (1:24,13) | |
| 6. Luisa Schmalkuche | 97 Eintracht Hildesheim | 2:41,69 | 464 |
| 1:19,10 (1:19,10) | | 2:41,69 (1:22,59) | |
| 7. Paula Ingenerf | 98 Wardenburger SC | 2:43,98 | 445 |
| 1:18,89 (1:18,89) | | 2:43,98 (1:25,09) | |
| 8. Sofie Schröder | 97 TV Meppen | 2:44,54 | 440 |
| 1:19,20 (1:19,20) | | 2:44,54 (1:25,34) | |
| 9. Anna de Boer | 00 BSV Ölper | 2:46,78 | 423 |
| 1:20,84 (1:20,84) | | 2:46,78 (1:25,94) | |
| 10. Clara Schiphorst | 99 Waspo Nordhorn I | 2:53,31 | 377 |
| 1:24,52 (1:24,52) | | 2:53,31 (1:28,79) | |

Zwischenstand: DMS-Wertung 2013 Frauen

| | |
|-------------------------|-------|
| 1. TSV Achim | 10694 |
| 2. TV Meppen | 10486 |
| 3. Waspo 08 Göttingen | 10039 |
| 4. Delmenhorster SV | 10019 |
| 5. SSG Braunschweig | 9947 |
| 6. Wardenburger SC | 9859 |
| 7. Waspo Nordhorn I | 9697 |
| 8. W98 Hannover II | 9502 |
| 9. Eintracht Hildesheim | 9450 |
| 10. BSV Ölper | 9042 |

Wettkampf 38: 200 m Rücken männlich

| | | | |
|-----------------------|------------------------|-------------------|-----|
| 1. Lars Kiesow | 97 SG Osnabrück I | 2:15,95 | 588 |
| 1:14,33 (1:14,33) | | 2:15,95 (1:01,62) | |
| 2. Markus Tasche | 84 SGS Hannover | 2:18,92 | 551 |
| 1:06,67 (1:06,67) | | 2:18,92 (1:12,25) | |
| 3. Jannes Stubbemann | 93 Wardenburger SC | 2:19,36 | 546 |
| 1:08,00 (1:08,00) | | 2:19,36 (1:11,36) | |
| 4. Rico Paul | 98 Waspo 08 Göttingen | 2:23,74 | 498 |
| 1:09,99 (1:09,99) | | 2:23,74 (1:13,75) | |
| 5. Peter Schwenzer | 82 SSG Braunschweig | 2:24,00 | 495 |
| 1:10,04 (1:10,04) | | 2:24,00 (1:13,96) | |
| 6. Johannes Kollien | 96 VfV Hildesheim I | 2:24,25 | 492 |
| 1:09,28 (1:09,28) | | 2:24,25 (1:14,97) | |
| 7. Sebastian Lühring | 93 SV Garbsen | 2:24,88 | 486 |
| 1:10,93 (1:10,93) | | 2:24,88 (1:13,95) | |
| 8. Fabian Engel | 97 TV Jahn Wolfsburg I | 2:33,13 | 411 |
| 1:12,71 (1:12,71) | | 2:33,13 (1:20,42) | |
| 9. Christoph Stierand | 99 W98 Hannover III | 2:34,40 | 401 |
| 1:14,20 (1:14,20) | | 2:34,40 (1:20,20) | |
| 10. Malte Stühmeier | 89 TSV Quakenbrück | 2:36,37 | 386 |
| 1:16,69 (1:16,69) | | 2:36,37 (1:19,68) | |

Zwischenstand: DMS-Wertung 2013 Männer

| | |
|-------------------------|-------|
| 1. SG Osnabrück I | 12373 |
| 2. SGS Hannover | 11757 |
| 3. Wardenburger SC | 11256 |
| 4. Waspo 08 Göttingen | 10417 |
| 5. TSV Quakenbrück | 10223 |
| 6. SSG Braunschweig | 10220 |
| 7. VfV Hildesheim I | 9599 |
| 8. SV Garbsen | 9517 |
| 9. W98 Hannover III | 8557 |
| 10. TV Jahn Wolfsburg I | 8317 |

Wettkampf 39: 100 m Schmetterling weiblich

| | | | |
|------------------------|-------------------------|---------|-----|
| 1. Fabienne Mann | 95 BSV Ölper | 1:06,29 | 622 |
| 2. Nicole Heidemann | 82 TV Meppen | 1:07,13 | 599 |
| 3. Carina Czienskowski | 90 Delmenhorster SV | 1:10,06 | 527 |
| 4. Kristina Hesse | 95 Wardenburger SC | 1:11,03 | 506 |
| 5. Marloes Ekkelboom | 97 Waspo Nordhorn I | 1:11,67 | 492 |
| 6. Wiebke Maibohm | 92 Eintracht Hildesheim | 1:13,75 | 452 |
| 7. Beret Höpfner | 99 Waspo 08 Göttingen | 1:13,76 | 452 |
| 8. Eva Vernaleken | 96 SSG Braunschweig | 1:14,74 | 434 |
| 9. Charline Rippe | 88 TSV Achim | 1:15,10 | 428 |
| 10. Lisa-Marie Bungart | 97 W98 Hannover II | 1:15,65 | 419 |

Zwischenstand: DMS-Wertung 2013 Frauen

| | |
|-------------------------|-------|
| 1. TSV Achim | 11122 |
| 2. TV Meppen | 11085 |
| 3. Delmenhorster SV | 10546 |
| 4. Waspo 08 Göttingen | 10491 |
| 5. SSG Braunschweig | 10381 |
| 6. Wardenburger SC | 10365 |
| 7. Waspo Nordhorn I | 10189 |
| 8. W98 Hannover II | 9921 |
| 9. Eintracht Hildesheim | 9902 |
| 10. BSV Ölper | 9664 |

Wettkampf 40: 100 m Schmetterling männlich

| | | | |
|-------------------------|------------------------|---------|-----|
| 1. Torsten Lippmann | 92 SGS Hannover | 0:58,87 | 627 |
| 2. Frank Stuckenberg | 90 Wardenburger SC | 0:59,94 | 594 |
| 3. Sören Beuermann | 93 Waspo 08 Göttingen | 1:00,57 | 576 |
| 4. Andreas Haidukiewitz | 86 TSV Quakenbrück | 1:00,82 | 569 |
| 5. Zygimantas Ziukas | 92 SG Osnabrück I | 1:02,67 | 520 |
| 6. Fabian Peter | 81 SV Garbsen | 1:03,31 | 504 |
| 7. Cedric Rzesacz | 98 SSG Braunschweig | 1:07,03 | 425 |
| 8. Felix Schreiber | 96 W98 Hannover III | 1:07,94 | 408 |
| 9. Ken-Eric Mölling | 95 VfV Hildesheim I | 1:08,85 | 392 |
| 10. Nick Hammer | 96 TV Jahn Wolfsburg I | 1:15,65 | 295 |

Zwischenstand: DMS-Wertung 2013 Männer

| | |
|-------------------------|-------|
| 1. SG Osnabrück I | 12893 |
| 2. SGS Hannover | 12384 |
| 3. Wardenburger SC | 11850 |
| 4. Waspo 08 Göttingen | 10993 |
| 5. TSV Quakenbrück | 10792 |
| 6. SSG Braunschweig | 10645 |
| 7. SV Garbsen | 10021 |
| 8. VfV Hildesheim I | 9991 |
| 9. W98 Hannover III | 8965 |
| 10. TV Jahn Wolfsburg I | 8612 |

Wettkampf 41: 50 m Brust weiblich

| | | | |
|---------------------------|-------------------------|---------|-----|
| 1. Phillis Michelle Range | 99 Waspo 08 Göttingen | 0:35,74 | 609 |
| 2. Milena Oltmann | 97 Wardenburger SC | 0:36,20 | 586 |
| 3. Larissa Engelbart | 95 Delmenhorster SV | 0:36,29 | 582 |
| 4. Mandy Steenkamp | 00 TV Meppen | 0:36,44 | 575 |
| 5. Rika Henniges | 95 SSG Braunschweig | 0:36,78 | 559 |
| 6. Anna Schiphorst | 93 Waspo Nordhorn I | 0:37,48 | 528 |
| 7. Wiebke Zacher | 94 TSV Achim | 0:37,95 | 509 |
| 8. Nina Falke | 00 Eintracht Hildesheim | 0:39,22 | 461 |
| 9. Sarah Friese | 99 BSV Ölper | 0:40,04 | 433 |
| 10. Lina Kroll | 97 W98 Hannover II | 0:40,90 | 406 |

Zwischenstand: DMS-Wertung 2013 Frauen

| | |
|-------------------------|-------|
| 1. TV Meppen | 11660 |
| 2. TSV Achim | 11631 |
| 3. Delmenhorster SV | 11128 |
| 4. Waspo 08 Göttingen | 11100 |
| 5. Wardenburger SC | 10951 |
| 6. SSG Braunschweig | 10940 |
| 7. Waspo Nordhorn I | 10717 |
| 8. Eintracht Hildesheim | 10363 |
| 9. W98 Hannover II | 10327 |
| 10. BSV Ölper | 10097 |

Wettkampf 42: 50 m Brust männlich

| | | | |
|------------------------|------------------------|---------|-----|
| 1. Matthias Michaelsen | 77 SG Osnabrück I | 0:30,46 | 710 |
| 2. Markus Pleis | 92 Wardenburger SC | 0:30,80 | 687 |
| 3. Max Neubert | 85 SGS Hannover | 0:30,80 | 687 |
| 4. Bastian Damrath | 91 SSG Braunschweig | 0:31,70 | 630 |
| 5. Kostya Vasylenko | 98 SV Garbsen | 0:32,06 | 609 |
| 6. Christoph Monden | 80 TV Jahn Wolfsburg I | 0:32,59 | 580 |
| 7. Heiko Boknecht | 68 TSV Quakenbrück | 0:34,03 | 509 |
| 8. Maximilian Klußmann | 94 VfV Hildesheim I | 0:34,11 | 505 |
| 9. Nicolas Kuhn | 97 W98 Hannover III | 0:35,66 | 442 |
| 10. Sebastian Kamlot | 97 Waspo 08 Göttingen | 0:35,83 | 436 |

Zwischenstand: DMS-Wertung 2013 Männer

| | |
|-------------------------|-------|
| 1. SG Osnabrück I | 13603 |
| 2. SGS Hannover | 13071 |
| 3. Wardenburger SC | 12537 |
| 4. Waspo 08 Göttingen | 11429 |
| 5. TSV Quakenbrück | 11301 |
| 6. SSG Braunschweig | 11275 |
| 7. SV Garbsen | 10630 |
| 8. VfV Hildesheim I | 10496 |
| 9. W98 Hannover III | 9407 |
| 10. TV Jahn Wolfsburg I | 9192 |

Wettkampf 43: 200 m Lagen weiblich

| | | | |
|-------------------------|-------------------------|---------|-----|
| 1. Lena-Karolin Wiese | 93 TSV Achim | 2:30,94 | 616 |
| 2. Victoria Buß | 99 TV Meppen | 2:33,74 | 583 |
| 3. Julia Zeuschner | 93 Wardenburger SC | 2:34,31 | 576 |
| 4. Friderike Schiphorst | 96 Waspo Nordhorn I | 2:34,76 | 571 |
| 5. Lena Blum | 99 Waspo 08 Göttingen | 2:36,80 | 549 |
| 6. Jule Grunewald | 98 SSG Braunschweig | 2:37,20 | 545 |
| 7. Tatjana Barke | 94 Delmenhorster SV | 2:43,40 | 485 |
| 8. Alina Muminovic | 99 W98 Hannover II | 2:47,70 | 449 |
| 9. Phyllis Wehrmann | 99 Eintracht Hildesheim | 2:50,73 | 425 |
| 10. Melanie Lehne | 98 BSV Ölper | 2:55,26 | 393 |

Zwischenstand: DMS-Wertung 2013 Frauen

| | |
|-------------------------|-------|
| 1. TSV Achim | 12247 |
| 2. TV Meppen | 12243 |
| 3. Waspo 08 Göttingen | 11649 |
| 4. Delmenhorster SV | 11613 |
| 5. Wardenburger SC | 11527 |
| 6. SSG Braunschweig | 11485 |
| 7. Waspo Nordhorn I | 11288 |
| 8. Eintracht Hildesheim | 10788 |
| 9. W98 Hannover II | 10776 |
| 10. BSV Ölper | 10490 |

Wettkampf 44: 200 m Lagen männlich

| | | | |
|-------------------------|------------------------|---------|-----|
| 1. Nils Frese | 84 SGS Hannover | 2:10,09 | 677 |
| 2. Clemens-Jonas Kaiser | 93 SSG Braunschweig | 2:16,09 | 591 |
| 3. Andreas Stein | 84 Wardenburger SC | 2:17,92 | 568 |
| 4. Stefan Middendorf | 91 TSV Quakenbrück | 2:23,46 | 504 |
| 5. Jurij Kolmakov | 96 SG Osnabrück I | 2:23,91 | 500 |
| 6. Lars Pfeifer | 94 SV Garbsen | 2:24,43 | 494 |
| 7. Fabian Natusch | 96 TV Jahn Wolfsburg I | 2:25,04 | 488 |
| 8. Paul Gorsler | 97 VfV Hildesheim I | 2:26,10 | 477 |
| 9. Alexander Kornmüller | 96 Waspo 08 Göttingen | 2:31,02 | 432 |
| 10. Mark Piosik | 97 W98 Hannover III | 2:36,45 | 389 |

Zwischenstand: DMS-Wertung 2013 Männer

| | |
|-------------------------|-------|
| 1. SG Osnabrück I | 14103 |
| 2. SGS Hannover | 13748 |
| 3. Wardenburger SC | 13105 |
| 4. SSG Braunschweig | 11866 |
| 5. Waspo 08 Göttingen | 11861 |
| 6. TSV Quakenbrück | 11805 |
| 7. SV Garbsen | 11124 |
| 8. VfV Hildesheim I | 10973 |
| 9. W98 Hannover III | 9796 |
| 10. TV Jahn Wolfsburg I | 9680 |

Wettkampf 45: 800 m Freistil weiblich

| | | | |
|-------------------------------------|---------------------------------------|----------|-----|
| 1. Nele Tschachschal | 99 SSG Braunschweig | 9:54,73 | 573 |
| 1:11,21 (1:11,21) 2:26,27 (1:15,06) | 3:40,37 (1:14,10) 4:55,16 (1:14,79) | | |
| 6:09,97 (1:14,81) 7:24,91 (1:14,94) | 8:40,41 (1:15,50) 9:54,73 (1:14,32) | | |
| 2. Alke Heise | 99 Waspo 08 Göttingen | 10:04,27 | 546 |
| 1:08,74 (1:08,74) 2:24,70 (1:15,96) | 3:41,17 (1:16,47) 4:58,60 (1:17,43) | | |
| 6:15,85 (1:17,25) 7:33,02 (1:17,17) | 8:49,86 (1:16,84) 10:04,27 (1:14,41) | | |
| 3. Fiona Lambers | 97 Waspo Nordhorn I | 10:06,45 | 540 |
| 1:07,95 (1:07,95) 2:24,54 (1:16,59) | 3:41,51 (1:16,97) 5:00,07 (1:18,56) | | |
| 6:18,10 (1:18,03) 7:35,29 (1:17,19) | 8:52,23 (1:16,94) 10:06,45 (1:14,22) | | |
| 4. Sandra Grönniger | 96 TV Meppen | 10:22,90 | 499 |
| 1:14,33 (1:14,33) 2:33,61 (1:19,28) | 3:53,36 (1:19,75) 5:13,05 (1:19,69) | | |
| 6:31,33 (1:18,28) 7:49,33 (1:18,00) | 9:07,15 (1:17,82) 10:22,90 (1:15,75) | | |
| 5. Lena Anders | 99 Delmenhorster SV | 10:27,02 | 489 |
| 1:10,92 (1:10,92) 2:28,86 (1:17,94) | 3:47,92 (1:19,06) 5:08,57 (1:20,65) | | |
| 6:29,36 (1:20,79) 7:48,42 (1:19,06) | 9:08,16 (1:19,74) 10:27,02 (1:18,86) | | |
| 6. Merle Dewart | 01 Wardenburger SC | 10:45,64 | 448 |
| 1:14,89 (1:14,89) 2:36,16 (1:21,27) | 3:58,42 (1:22,26) 5:20,51 (1:22,09) | | |
| 6:42,39 (1:21,88) 8:04,20 (1:21,81) | 9:25,76 (1:21,56) 10:45,64 (1:19,88) | | |
| 7. Wiebke Maibohm | 92 Eintracht Hildesheim | 10:52,36 | 434 |
| 1:14,86 (1:14,86) 2:35,48 (1:20,62) | 3:57,75 (1:22,27) 5:20,11 (1:22,36) | | |
| 6:42,43 (1:22,32) -:-,-- | 9:30,13 10:52,36 (1:22,23) | | |
| 8. Fiona Sander | 95 TSV Achim | 10:54,10 | 431 |
| 1:14,32 (1:14,32) 2:35,69 (1:21,37) | 3:58,65 (1:22,96) 5:22,46 (1:23,81) | | |
| 6:46,95 (1:24,49) 8:11,28 (1:24,33) | 9:34,90 (1:23,62) 10:54,10 (1:19,20) | | |
| 9. Hanna Thümler | 97 W98 Hannover II | 10:54,81 | 429 |
| 1:13,03 (1:13,03) 2:34,00 (1:20,97) | 3:56,22 (1:22,22) 5:20,31 (1:24,09) | | |
| 6:45,41 (1:25,10) 8:10,34 (1:24,93) | 9:33,38 (1:23,04) 10:54,81 (1:21,43) | | |
| 10. Janine Kumpf | 00 BSV Ölper | 11:28,73 | 369 |
| 1:18,60 (1:18,60) 2:45,67 (1:27,07) | 4:14,00 (1:28,33) 5:42,51 (1:28,51) | | |
| 7:10,20 (1:27,69) 8:37,45 (1:27,25) | 10:04,80 (1:27,35) 11:28,73 (1:23,93) | | |

Zwischenstand: DMS-Wertung 2013 Frauen

| | |
|-------------------------|-------|
| 1. TV Meppen | 12742 |
| 2. TSV Achim | 12678 |
| 3. Waspo 08 Göttingen | 12195 |
| 4. Delmenhorster SV | 12102 |
| 5. SSG Braunschweig | 12058 |
| 6. Wardenburger SC | 11975 |
| 7. Waspo Nordhorn I | 11828 |
| 8. Eintracht Hildesheim | 11222 |
| 9. W98 Hannover II | 11205 |
| 10. BSV Ölper | 10859 |

Wettkampf 46: 1500 m Freistil männlich

| | | | |
|----------------------------|------------------------|--------------------|--------------------|
| 1. Marcel Jerzyk | 92 Waspo 08 Göttingen | 15:32,37 | 825 |
| 0:58,59 (0:58,59) | 2:01,15 (1:02,56) | 3:03,68 (1:02,53) | 4:06,96 (1:03,28) |
| 5:10,05 (1:03,09) | 6:12,96 (1:02,91) | 7:16,07 (1:03,11) | 8:18,27 (1:02,20) |
| 9:20,61 (1:02,34) | 10:23,34 (1:02,73) | 11:25,24 (1:01,90) | 12:27,56 (1:02,32) |
| 13:29,50 (1:01,94) | 14:31,49 (1:01,99) | 15:32,37 (1:00,88) | |
| 2. Jeremy-Jay Krogull-Hull | 93 SG Osnabrück I | 16:50,93 | 647 |
| 0:59,21 (0:59,21) | 2:04,59 (1:05,38) | 3:12,09 (1:07,50) | 4:21,05 (1:08,96) |
| 5:30,18 (1:09,13) | 6:37,06 (1:06,88) | 7:45,72 (1:08,66) | 8:54,21 (1:08,49) |
| 10:04,33 (1:10,12) | 11:12,90 (1:08,57) | 12:21,57 (1:08,67) | 13:30,32 (1:08,75) |
| 14:38,07 (1:07,75) | 15:46,15 (1:08,08) | 16:50,93 (1:04,78) | |
| 3. Christian Gärtner | 80 TSV Quakenbrück | 17:17,28 | 599 |
| 1:03,02 (1:03,02) | 2:10,35 (1:07,33) | 3:19,61 (1:09,26) | 4:28,84 (1:09,23) |
| 5:38,89 (1:10,05) | 6:48,78 (1:09,89) | 7:58,95 (1:10,17) | 9:08,61 (1:09,66) |
| 10:18,23 (1:09,62) | 11:28,12 (1:09,89) | 12:37,98 (1:09,86) | 13:48,28 (1:10,30) |
| 14:58,31 (1:10,03) | 16:08,69 (1:10,38) | 17:17,28 (1:08,59) | |
| 4. Holger Ladenthin | 79 SGS Hannover | 17:33,31 | 572 |
| 1:04,31 (1:04,31) | 2:14,06 (1:09,75) | 3:24,18 (1:10,12) | 4:34,81 (1:10,63) |
| 5:45,62 (1:10,81) | 6:57,46 (1:11,84) | 8:08,65 (1:11,19) | 9:19,65 (1:11,00) |
| 10:31,06 (1:11,41) | 11:41,81 (1:10,75) | 12:53,65 (1:11,84) | 14:04,21 (1:10,56) |
| 15:14,25 (1:10,04) | 16:24,46 (1:10,21) | 17:33,31 (1:08,85) | |
| 5. Jan Josipovic | 97 W98 Hannover III | 18:06,84 | 521 |
| 1:05,21 (1:05,21) | 2:18,18 (1:12,97) | 3:33,15 (1:14,97) | 4:48,18 (1:15,03) |
| 6:01,68 (1:13,50) | 7:15,31 (1:13,63) | 8:29,56 (1:14,25) | 9:43,18 (1:13,62) |
| 10:55,46 (1:12,28) | 12:08,74 (1:13,28) | 13:21,40 (1:12,66) | 14:34,02 (1:12,62) |
| 15:46,34 (1:12,32) | 16:59,12 (1:12,78) | 18:06,84 (1:07,72) | |
| 6. Tobias Klinkberg | 83 SSG Braunschweig | 18:34,57 | 483 |
| 1:06,00 (1:06,00) | 2:18,51 (1:12,51) | 3:32,48 (1:13,97) | 4:46,92 (1:14,44) |
| 6:01,57 (1:14,65) | 7:16,82 (1:15,25) | 8:31,89 (1:15,07) | 9:47,13 (1:15,24) |
| 11:02,64 (1:15,51) | 12:18,51 (1:15,87) | 13:34,23 (1:15,72) | 14:49,95 (1:15,72) |
| 16:05,57 (1:15,62) | 17:21,32 (1:15,75) | 18:34,57 (1:13,25) | |
| 7. Johannes Kollien | 96 VfV Hildesheim I | 18:37,16 | 479 |
| 1:06,66 (1:06,66) | 2:19,91 (1:13,25) | 3:34,38 (1:14,47) | 4:49,04 (1:14,66) |
| 6:03,75 (1:14,71) | 7:19,35 (1:15,60) | 8:34,54 (1:15,19) | 9:49,04 (1:14,50) |
| 11:04,82 (1:15,78) | 12:20,85 (1:16,03) | 13:36,88 (1:16,03) | 14:52,75 (1:15,87) |
| 16:09,16 (1:16,41) | 17:25,19 (1:16,03) | 18:37,16 (1:11,97) | |
| 8. Lars Schmidt | 99 TV Jahn Wolfsburg I | 18:40,36 | 475 |
| 1:09,16 (1:09,16) | 2:21,86 (1:12,70) | 3:37,50 (1:15,64) | 4:52,41 (1:14,91) |
| 6:07,35 (1:14,94) | 7:22,26 (1:14,91) | 8:37,15 (1:14,89) | 9:52,67 (1:15,52) |
| 11:08,55 (1:15,88) | 12:24,74 (1:16,19) | 13:40,57 (1:15,83) | 14:56,81 (1:16,24) |
| 16:12,23 (1:15,42) | 17:27,35 (1:15,12) | 18:40,36 (1:13,01) | |
| 9. Florian Gaßmann | 86 SV Garbsen | 19:06,13 | 444 |
| 1:08,13 (1:08,13) | 2:23,73 (1:15,60) | 3:39,76 (1:16,03) | 4:56,29 (1:16,53) |
| 6:13,02 (1:16,73) | 7:29,07 (1:16,05) | 8:46,54 (1:17,47) | 10:03,29 (1:16,75) |
| 11:21,10 (1:17,81) | 12:37,92 (1:16,82) | 13:56,04 (1:18,12) | 15:13,57 (1:17,53) |
| 16:32,20 (1:18,63) | 17:49,92 (1:17,72) | 19:06,13 (1:16,21) | |

Aufgabe:

| | |
|--------------|--------------------|
| Paul Lampert | 96 Wardenburger SC |
| --:-- | --:-- |
| --:-- | --:-- |
| --:-- | --:-- |
| --:-- | --:-- |

Zwischenstand: DMS-Wertung 2013 Männer

| | |
|-------------------------|-------|
| 1. SG Osnabrück I | 14750 |
| 2. SGS Hannover | 14320 |
| 3. Wardenburger SC | 13105 |
| 4. Waspo 08 Göttingen | 12686 |
| 5. TSV Quakenbrück | 12404 |
| 6. SSG Braunschweig | 12349 |
| 7. SV Garbsen | 11568 |
| 8. VfV Hildesheim I | 11452 |
| 9. W98 Hannover III | 10317 |
| 10. TV Jahn Wolfsburg I | 10155 |

Wettkampf 47: 50 m Schmetterling weiblich

| | | | |
|--------------------------|-------------------------|---------|-----|
| 1. Janina Herbst | 93 Eintracht Hildesheim | 0:29,02 | 675 |
| 2. Kerstin Minge | 91 TSV Achim | 0:29,59 | 637 |
| 3. Friderike Schiphorst | 96 Waspo Nordhorn I | 0:30,52 | 580 |
| 4. Lisa-Moana Löwe-Drefs | 92 Wardenburger SC | 0:32,48 | 481 |
| 5. Sophie Buß | 97 TV Meppen | 0:32,57 | 477 |
| 6. Katharina Hempen | 88 Delmenhorster SV | 0:32,78 | 468 |
| 7. Jule Grunewald | 98 SSG Braunschweig | 0:33,03 | 457 |
| 8. Lisa-Marie Bungart | 97 W98 Hannover II | 0:33,09 | 455 |
| 9. Clara Kamper | 00 Waspo 08 Göttingen | 0:33,73 | 430 |
| 10. Finja Stephan | 97 BSV Ölper | 0:35,17 | 379 |

Zwischenstand: DMS-Wertung 2013 Frauen

| | |
|-------------------------|-------|
| 1. TSV Achim | 13315 |
| 2. TV Meppen | 13219 |
| 3. Waspo 08 Göttingen | 12625 |
| 4. Delmenhorster SV | 12570 |
| 5. SSG Braunschweig | 12515 |
| 6. Wardenburger SC | 12456 |
| 7. Waspo Nordhorn I | 12408 |
| 8. Eintracht Hildesheim | 11897 |
| 9. W98 Hannover II | 11660 |
| 10. BSV Ölper | 11238 |

Wettkampf 48: 50 m Schmetterling männlich

| | | | |
|-------------------------|------------------------|---------|-----|
| 1. Jonas Bergmann. | 95 SG Osnabrück I | 0:24,10 | 864 |
| 2. Frank Stuckenberger | 90 Wardenburger SC | 0:26,03 | 686 |
| 3. Andreas Haidukiewitz | 86 TSV Quakenbrück | 0:26,37 | 660 |
| 4. Torsten Lippmann | 92 SGS Hannover | 0:26,78 | 630 |
| 5. Tobias Nawi | 92 TV Jahn Wolfsburg I | 0:27,26 | 597 |
| 6. Fabio Kreth | 93 VfV Hildesheim I | 0:27,57 | 577 |
| 7. Sören Beuermann | 93 Waspo 08 Göttingen | 0:27,72 | 568 |
| 8. Kostya Vasylenko | 98 SV Garbsen | 0:28,38 | 529 |
| 9. Bastian Damrath | 91 SSG Braunschweig | 0:29,10 | 491 |
| 10. Stefan Hanneke | 89 W98 Hannover III | 0:31,70 | 379 |

Zwischenstand: DMS-Wertung 2013 Männer

| | |
|------------------------|-------|
| 1. SG Osnabrück I | 15614 |
| 2. SGS Hannover | 14950 |
| 3. Wardenburger SC | 13791 |
| 4. Waspo 08 Göttingen | 13254 |
| 5. TSV Quakenbrück | 13064 |
| 6. SSG Braunschweig | 12840 |
| 7. SV Garbsen | 12097 |
| 8. VfV Hildesheim I | 12029 |
| 9. TV Jahn Wolfsburg I | 10752 |
| 10. W98 Hannover III | 10696 |

Wettkampf 49: 200 m Brust weiblich

| | | | |
|--|-----------------------|---------|-----|
| 1. Phillis Michelle Range 1:19,27 (1:19,27) 2:45,71 (1:26,44) | 99 Waspo 08 Göttingen | 2:45,71 | 605 |
| 2. Lena-Karolin Wiese 1:19,39 (1:19,39) 2:45,92 (1:26,53) | 93 TSV Achim | 2:45,92 | 603 |
| 3. Mandy Steenkamp 1:22,17 (1:22,17) 2:49,88 (1:27,71) | 00 TV Meppen | 2:49,88 | 562 |
| 4. Larissa Engelbart 1:20,92 (1:20,92) 2:50,54 (1:29,62) | 95 Delmenhorster SV | 2:50,54 | 555 |
| 5. Anna Schiphorst 1:24,76 (1:24,76) 2:59,05 (1:34,29) | 93 Waspo Nordhorn I | 2:59,05 | 480 |
| 6. Johanna Ingenerf 1:26,64 (1:26,64) 2:59,05 (1:32,41) | 00 Wardenburger SC | 2:59,05 | 480 |

Wettkampf 49: 200 m Brust weiblich

| | | | |
|-------------------------------------|-------------------------|---------|-----|
| 7. Philine Schwartz | 93 SSG Braunschweig | 3:01,81 | 458 |
| 1:26,78 (1:26,78) 3:01,81 (1:35,03) | | | |
| 8. Nina Falke | 00 Eintracht Hildesheim | 3:04,76 | 437 |
| 1:28,76 (1:28,76) 3:04,76 (1:36,00) | | | |
| 9. Melanie Lehne | 98 BSV Ölper | 3:08,03 | 414 |
| 1:29,31 (1:29,31) 3:08,03 (1:38,72) | | | |
| 10. Lina Kroll | 97 W98 Hannover II | 3:08,78 | 409 |
| 1:29,55 (1:29,55) 3:08,78 (1:39,23) | | | |

Zwischenstand: DMS-Wertung 2013 Frauen

| | |
|-------------------------|-------|
| 1. TSV Achim | 13918 |
| 2. TV Meppen | 13781 |
| 3. Waspo 08 Göttingen | 13230 |
| 4. Delmenhorster SV | 13125 |
| 5. SSG Braunschweig | 12973 |
| 6. Wardenburger SC | 12936 |
| 7. Waspo Nordhorn I | 12888 |
| 8. Eintracht Hildesheim | 12334 |
| 9. W98 Hannover II | 12069 |
| 10. BSV Ölper | 11652 |

Wettkampf 50: 200 m Brust männlich

| | | | |
|-------------------------------------|------------------------|---------|-----|
| 1. Matthias Michaelson | 77 SG Osnabrück I | 2:28,53 | 632 |
| 1:11,59 (1:11,59) 2:28,53 (1:16,94) | | | |
| 2. Markus Pleis | 92 Wardenburger SC | 2:29,53 | 620 |
| 1:11,22 (1:11,22) 2:29,53 (1:18,31) | | | |
| 3. Max Neubert | 85 SGS Hannover | 2:37,74 | 528 |
| 1:13,52 (1:13,52) 2:37,74 (1:24,22) | | | |
| 4. Heiko Boknecht | 68 TSV Quakenbrück | 2:37,74 | 528 |
| 1:16,73 (1:16,73) 2:37,74 (1:21,01) | | | |
| 5. Julian Miede | 97 SSG Braunschweig | 2:40,50 | 501 |
| 1:16,84 (1:16,84) 2:40,50 (1:23,66) | | | |
| 6. Christoph Monden | 80 TV Jahn Wolfsburg I | 2:41,22 | 494 |
| 1:16,19 (1:16,19) 2:41,22 (1:25,03) | | | |
| 7. Lars Pfeifer | 94 SV Garbsen | 2:43,70 | 472 |
| 1:17,10 (1:17,10) 2:43,70 (1:26,60) | | | |
| 8. Lukas Freund | 96 Waspo 08 Göttingen | 2:47,53 | 440 |
| 1:21,53 (1:21,53) 2:47,53 (1:26,00) | | | |
| 9. Tobias Gabriel | 96 W98 Hannover III | 2:49,64 | 424 |
| 1:21,34 (1:21,34) 2:49,64 (1:28,30) | | | |
| 10. Christian Ackermann | 96 VfV Hildesheim I | 2:56,81 | 375 |
| 1:22,73 (1:22,73) 2:56,81 (1:34,08) | | | |

Zwischenstand: DMS-Wertung 2013 Männer

| | |
|------------------------|-------|
| 1. SG Osnabrück I | 16246 |
| 2. SGS Hannover | 15478 |
| 3. Wardenburger SC | 14411 |
| 4. Waspo 08 Göttingen | 13694 |
| 5. TSV Quakenbrück | 13592 |
| 6. SSG Braunschweig | 13341 |
| 7. SV Garbsen | 12569 |
| 8. VfV Hildesheim I | 12404 |
| 9. TV Jahn Wolfsburg I | 11246 |
| 10. W98 Hannover III | 11120 |

Wettkampf 51: 100 m Rücken weiblich

| | | | |
|---------------------------|-------------------------|---------|-----|
| 1. Anna Lefers | 97 TSV Achim | 1:10,34 | 583 |
| 2. Alexandra Lassalle | 00 Wardenburger SC | 1:10,82 | 571 |
| 3. Ann-Christin Schneider | 96 Eintracht Hildesheim | 1:10,93 | 568 |
| 4. Melanie Behrens | 94 W98 Hannover II | 1:11,20 | 562 |
| 5. Annika Teuber | 97 Waspo 08 Göttingen | 1:11,63 | 552 |
| 6. Rika Henniges | 95 SSG Braunschweig | 1:12,06 | 542 |
| 7. Marina Mann | 96 Delmenhorster SV | 1:13,67 | 507 |
| 8. Sofie Schröder | 97 TV Meppen | 1:14,45 | 491 |
| 9. Luisa Lensker | 95 Waspo Nordhorn I | 1:18,98 | 412 |
| 10. Katharina Henne | 00 BSV Ölper | 1:19,71 | 400 |

Zwischenstand: DMS-Wertung 2013 Frauen

| | |
|-------------------------|-------|
| 1. TSV Achim | 14501 |
| 2. TV Meppen | 14272 |
| 3. Waspo 08 Göttingen | 13782 |
| 4. Delmenhorster SV | 13632 |
| 5. SSG Braunschweig | 13515 |
| 6. Wardenburger SC | 13507 |
| 7. Waspo Nordhorn I | 13300 |
| 8. Eintracht Hildesheim | 12902 |
| 9. W98 Hannover II | 12631 |
| 10. BSV Ölper | 12052 |

Wettkampf 52: 100 m Rücken männlich

| | | | |
|-------------------------|------------------------|---------|-----|
| 1. Christian Göthert | 90 Wardenburger SC | 1:00,80 | 645 |
| 2. Clemens-Jonas Kaiser | 93 SSG Braunschweig | 1:01,55 | 621 |
| 3. Lars Kiesow | 97 SG Osnabrück I | 1:02,36 | 598 |
| 4. Martin Kesse | 90 TSV Quakenbrück | 1:04,43 | 542 |
| 5. Markus Tasche | 84 SGS Hannover | 1:04,45 | 541 |
| 6. Fabian Peter | 81 SV Garbsen | 1:06,01 | 504 |
| 7. Alexander Kornmüller | 96 Waspo 08 Göttingen | 1:09,16 | 438 |
| 8. Alexander Granietzny | 96 VfV Hildesheim I | 1:09,54 | 431 |
| 9. Fabian Engel | 97 TV Jahn Wolfsburg I | 1:11,29 | 400 |
| 10. Dominique Hermann | 00 W98 Hannover III | 1:14,04 | 357 |

Zwischenstand: DMS-Wertung 2013 Männer

| | |
|------------------------|-------|
| 1. SG Osnabrück I | 16844 |
| 2. SGS Hannover | 16019 |
| 3. Wardenburger SC | 15056 |
| 4. TSV Quakenbrück | 14134 |
| 5. Waspo 08 Göttingen | 14132 |
| 6. SSG Braunschweig | 13962 |
| 7. SV Garbsen | 13073 |
| 8. VfV Hildesheim I | 12835 |
| 9. TV Jahn Wolfsburg I | 11646 |
| 10. W98 Hannover III | 11477 |

Wettkampf 53: 200 m Schmetterling weiblich

| | | | |
|----------------------|-------------------------|---------|-----|
| 1. Janina Herbst | 93 Eintracht Hildesheim | 2:28,61 | 583 |
| 1:08,36 (1:08,36) | 2:28,61 (1:20,25) | | |
| 2. Nicole Heidemann | 82 TV Meppen | 2:32,70 | 537 |
| 1:09,51 (1:09,51) | 2:32,70 (1:23,19) | | |
| 3. Kristina Hesse | 95 Wardenburger SC | 2:36,72 | 497 |
| 1:14,07 (1:14,07) | 2:36,72 (1:22,65) | | |
| 4. Marloes Ekkelboom | 97 Waspo Nordhorn I | 2:40,04 | 467 |
| 1:14,35 (1:14,35) | 2:40,04 (1:25,69) | | |
| 5. Eva Vernaleken | 96 SSG Braunschweig | 2:40,92 | 459 |
| 1:16,92 (1:16,92) | 2:40,92 (1:24,00) | | |
| 6. Beret Höpfner | 99 Waspo 08 Göttingen | 2:45,71 | 420 |
| 1:19,14 (1:19,14) | 2:45,71 (1:26,57) | | |

Wettkampf 53: 200 m Schmetterling weiblich

| | | | |
|-----------------------|---------------------|-------------------|-----|
| 7. Neele Kozak | 97 Delmenhorster SV | 2:54,67 | 359 |
| 1:17,75 (1:17,75) | | 2:54,67 (1:36,92) | |
| 8. Sarah Friese | 99 BSV Ölper | 2:59,44 | 331 |
| 1:22,55 (1:22,55) | | 2:59,44 (1:36,89) | |
| 9. Alina Muminovic | 99 W98 Hannover II | 3:04,18 | 306 |
| 1:24,46 (1:24,46) | | 3:04,18 (1:39,72) | |
| 10. Karina Baumgarten | 98 TSV Achim | 3:05,33 | 300 |
| 1:24,48 (1:24,48) | | 3:05,33 (1:40,85) | |

Zwischenstand: DMS-Wertung 2013 Frauen

| | |
|-------------------------|-------|
| 1. TV Meppen | 14809 |
| 2. TSV Achim | 14801 |
| 3. Waspo 08 Göttingen | 14202 |
| 4. Wardenburger SC | 14004 |
| 5. Delmenhorster SV | 13991 |
| 6. SSG Braunschweig | 13974 |
| 7. Waspo Nordhorn I | 13767 |
| 8. Eintracht Hildesheim | 13485 |
| 9. W98 Hannover II | 12937 |
| 10. BSV Ölper | 12383 |

Wettkampf 54: 200 m Schmetterling männlich

| | | | |
|-------------------------|------------------------|-------------------|-----|
| 1. Sören Beuermann | 93 Waspo 08 Göttingen | 2:15,59 | 564 |
| 1:06,26 (1:06,26) | | 2:15,59 (1:09,33) | |
| 2. Till Neubert | 91 SGS Hannover | 2:20,19 | 510 |
| 1:04,99 (1:04,99) | | 2:20,19 (1:15,20) | |
| 3. Jurij Kolmakov | 96 SG Osnabrück I | 2:22,12 | 489 |
| 1:05,93 (1:05,93) | | 2:22,12 (1:16,19) | |
| 4. Andreas Haidukiewitz | 86 TSV Quakenbrück | 2:22,48 | 486 |
| 1:08,04 (1:08,04) | | 2:22,48 (1:14,44) | |
| 5. Christoph Meyer | 92 SSG Braunschweig | 2:23,06 | 480 |
| 1:08,49 (1:08,49) | | 2:23,06 (1:14,57) | |
| 6. Dennis Bieger | 90 SV Garbsen | 2:25,74 | 454 |
| 1:07,56 (1:07,56) | | 2:25,74 (1:18,18) | |
| 7. Paul Gorsler | 97 VfV Hildesheim I | 2:26,49 | 447 |
| 1:11,34 (1:11,34) | | 2:26,49 (1:15,15) | |
| 8. Jan Wunram | 91 Wardenburger SC | 2:30,48 | 412 |
| 1:08,42 (1:08,42) | | 2:30,48 (1:22,06) | |
| 9. Matthias Zeuner | 70 TV Jahn Wolfsburg I | 2:38,02 | 356 |
| 1:14,11 (1:14,11) | | 2:38,02 (1:23,91) | |
| 10. Christoph Stierand | 99 W98 Hannover III | 2:50,82 | 282 |
| 1:20,39 (1:20,39) | | 2:50,82 (1:30,43) | |

Zwischenstand: DMS-Wertung 2013 Männer

| | |
|------------------------|-------|
| 1. SG Osnabrück I | 17333 |
| 2. SGS Hannover | 16529 |
| 3. Wardenburger SC | 15468 |
| 4. Waspo 08 Göttingen | 14696 |
| 5. TSV Quakenbrück | 14620 |
| 6. SSG Braunschweig | 14442 |
| 7. SV Garbsen | 13527 |
| 8. VfV Hildesheim I | 13282 |
| 9. TV Jahn Wolfsburg I | 12002 |
| 10. W98 Hannover III | 11759 |

Wettkampf 55: 50 m Freistil weiblich

| | | | |
|----------------------|-------------------------|---------|-----|
| 1. Fabienne Mann | 95 BSV Ölper | 0:27,92 | 632 |
| 2. Clara Schiphorst | 99 Waspo Nordhorn I | 0:28,74 | 580 |
| 3. Sandra Geiger | 75 TV Meppen | 0:29,19 | 553 |
| 4. Lena Großklaus | 00 Wardenburger SC | 0:29,28 | 548 |
| 5. Vera Kemmesies | 95 Delmenhorster SV | 0:29,36 | 544 |
| 6. Maxi Tschachschal | 97 SSG Braunschweig | 0:29,39 | 542 |
| 6. Anika Mildner | 97 TSV Achim | 0:29,39 | 542 |
| 8. Clara Kamper | 00 Waspo 08 Göttingen | 0:30,31 | 494 |
| 9. Kamilla Guliyeva | 98 W98 Hannover II | 0:30,92 | 465 |
| 10. Judith Marcus | 96 Eintracht Hildesheim | 0:32,59 | 397 |

Zwischenstand: DMS-Wertung 2013 Frauen

| | |
|-------------------------|-------|
| 1. TV Meppen | 15362 |
| 2. TSV Achim | 15343 |
| 3. Waspo 08 Göttingen | 14696 |
| 4. Wardenburger SC | 14552 |
| 5. Delmenhorster SV | 14535 |
| 6. SSG Braunschweig | 14516 |
| 7. Waspo Nordhorn I | 14347 |
| 8. Eintracht Hildesheim | 13882 |
| 9. W98 Hannover II | 13402 |
| 10. BSV Ölper | 13015 |

Wettkampf 56: 50 m Freistil männlich

| | | | |
|----------------------|------------------------|---------|-----|
| 1. Sven Stallkamp | 89 SG Osnabrück I | 0:23,64 | 729 |
| 2. Stephan Jazbinsek | 86 Wardenburger SC | 0:24,93 | 621 |
| 3. Pascal Rother | 94 VfV Hildesheim I | 0:24,93 | 621 |
| 4. Holger Ladenthin | 79 SGS Hannover | 0:25,06 | 612 |
| 5. Stefan Middendorf | 91 TSV Quakenbrück | 0:25,17 | 604 |
| 6. Tim Grüne | 74 Waspo 08 Göttingen | 0:25,29 | 595 |
| 7. Tobias Nawi | 92 TV Jahn Wolfsburg I | 0:25,69 | 568 |
| 8. Kostya Vasylenko | 98 SV Garbsen | 0:26,08 | 543 |
| 9. Lars Neddermeyer | 89 SSG Braunschweig | 0:26,11 | 541 |
| 10. Patrick Heider | 91 W98 Hannover III | 0:27,06 | 486 |

Zwischenstand: DMS-Wertung 2013 Männer

| | |
|------------------------|-------|
| 1. SG Osnabrück I | 18062 |
| 2. SGS Hannover | 17141 |
| 3. Wardenburger SC | 16089 |
| 4. Waspo 08 Göttingen | 15291 |
| 5. TSV Quakenbrück | 15224 |
| 6. SSG Braunschweig | 14983 |
| 7. SV Garbsen | 14070 |
| 8. VfV Hildesheim I | 13903 |
| 9. TV Jahn Wolfsburg I | 12570 |
| 10. W98 Hannover III | 12245 |

Wettkampf 57: 400 m Lagen weiblich

| | | | |
|-------------------------|-----------------------|-------------------|-------------------|
| 1. Julia Zeuschner | 93 Wardenburger SC | 5:27,48 | 557 |
| 1:15,65 (1:15,65) | 2:41,31 (1:25,66) | 4:09,15 (1:27,84) | 5:27,48 (1:18,33) |
| 2. Mandy Steenkamp | 00 TV Meppen | 5:29,51 | 546 |
| 1:18,77 (1:18,77) | 2:43,70 (1:24,93) | 4:15,04 (1:31,34) | 5:29,51 (1:14,47) |
| 3. Lena Blum | 99 Waspo 08 Göttingen | 5:34,20 | 524 |
| 1:16,64 (1:16,64) | 2:41,02 (1:24,38) | 4:20,26 (1:39,24) | 5:34,20 (1:13,94) |
| 4. Larissa Engelbart | 95 Delmenhorster SV | 5:36,01 | 515 |
| 1:17,81 (1:17,81) | 2:43,86 (1:26,05) | 4:18,32 (1:34,46) | 5:36,01 (1:17,69) |
| 5. Friderike Schiphorst | 96 Waspo Nordhorn I | 5:41,12 | 492 |
| 1:15,83 (1:15,83) | 2:43,92 (1:28,09) | 4:21,74 (1:37,82) | 5:41,12 (1:19,38) |
| 6. Wiebke Zacher | 94 TSV Achim | 5:42,58 | 486 |
| 1:23,86 (1:23,86) | 2:52,51 (1:28,65) | 4:25,30 (1:32,79) | 5:42,58 (1:17,28) |

Wettkampf 57: 400 m Lagen weiblich

| | | | | |
|-----------------------|-------------------|-------------------------|-------------------|-----|
| 7. Jessica Lilienthal | | 96 SSG Braunschweig | 5:43,77 | 481 |
| 1:20,26 (1:20,26) | 2:50,08 (1:29,82) | 4:28,42 (1:38,34) | 5:43,77 (1:15,35) | |
| 8. Aylin Lohmann | | 98 W98 Hannover II | 5:54,02 | 440 |
| 1:24,70 (1:24,70) | 2:46,51 (1:21,81) | 4:28,67 (1:42,16) | 5:54,02 (1:25,35) | |
| 9. Anna de Boer | | 00 BSV Ölper | 5:54,70 | 438 |
| 1:21,58 (1:21,58) | 2:50,59 (1:29,01) | 4:35,74 (1:45,15) | 5:54,70 (1:18,96) | |
| 10. Phyllis Wehrmann | | 99 Eintracht Hildesheim | 6:03,25 | 408 |
| 1:26,15 (1:26,15) | 2:58,34 (1:32,19) | 4:39,43 (1:41,09) | 6:03,25 (1:23,82) | |

Zwischenstand: DMS-Wertung 2013 Frauen

| | |
|-------------------------|-------|
| 1. TV Meppen | 15908 |
| 2. TSV Achim | 15829 |
| 3. Waspo 08 Göttingen | 15220 |
| 4. Wardenburger SC | 15109 |
| 5. Delmenhorster SV | 15050 |
| 6. SSG Braunschweig | 14997 |
| 7. Waspo Nordhorn I | 14839 |
| 8. Eintracht Hildesheim | 14290 |
| 9. W98 Hannover II | 13842 |
| 10. BSV Ölper | 13453 |

Wettkampf 58: 400 m Lagen männlich

| | | | | |
|-------------------------|-------------------|------------------------|-------------------|-----|
| 1. Nils Frese | | 84 SGS Hannover | 4:45,76 | 621 |
| 1:02,92 (1:02,92) | 2:18,02 (1:15,10) | 3:41,04 (1:23,02) | 4:45,76 (1:04,72) | |
| 2. Andreas Stein | | 84 Wardenburger SC | 5:00,98 | 531 |
| 1:08,86 (1:08,86) | 2:33,23 (1:24,37) | 3:52,92 (1:19,69) | 5:00,98 (1:08,06) | |
| 3. Heiko Boknecht | | 68 TSV Quakenbrück | 5:05,46 | 508 |
| 1:10,76 (1:10,76) | 2:29,74 (1:18,98) | 3:55,85 (1:26,11) | 5:05,46 (1:09,61) | |
| 4. Joel Strauß | | 97 SG Osnabrück I | 5:08,19 | 495 |
| 1:08,70 (1:08,70) | 2:28,93 (1:20,23) | 3:58,34 (1:29,41) | 5:08,19 (1:09,85) | |
| 5. Cedric Rzesacz | | 98 SSG Braunschweig | 5:08,49 | 493 |
| 1:10,48 (1:10,48) | 2:31,24 (1:20,76) | 4:00,34 (1:29,10) | 5:08,49 (1:08,15) | |
| 6. Fabian Natusch | | 96 TV Jahn Wolfsburg I | 5:08,49 | 493 |
| 1:08,94 (1:08,94) | 2:29,58 (1:20,64) | 4:01,29 (1:31,71) | 5:08,49 (1:07,20) | |
| 7. Rico Paul | | 98 Waspo 08 Göttingen | 5:13,53 | 470 |
| 1:08,98 (1:08,98) | 2:28,42 (1:19,44) | 4:02,98 (1:34,56) | 5:13,53 (1:10,55) | |
| 8. Dominik Wiechowski | | 88 SV Garbsen | 5:14,44 | 466 |
| 1:08,39 (1:08,39) | 2:30,21 (1:21,82) | 4:01,89 (1:31,68) | 5:14,44 (1:12,55) | |
| 9. Tobias Gabriel | | 96 W98 Hannover III | 5:17,41 | 453 |
| 1:10,65 (1:10,65) | 2:31,79 (1:21,14) | 4:03,91 (1:32,12) | 5:17,41 (1:13,50) | |
| 10. Christian Ackermann | | 96 VfV Hildesheim I | 5:30,98 | 399 |
| 1:15,14 (1:15,14) | 2:37,41 (1:22,27) | 4:15,29 (1:37,88) | 5:30,98 (1:15,69) | |

Zwischenstand: DMS-Wertung 2013 Männer

| | |
|------------------------|-------|
| 1. SG Osnabrück I | 18557 |
| 2. SGS Hannover | 17762 |
| 3. Wardenburger SC | 16620 |
| 4. Waspo 08 Göttingen | 15761 |
| 5. TSV Quakenbrück | 15732 |
| 6. SSG Braunschweig | 15476 |
| 7. SV Garbsen | 14536 |
| 8. VfV Hildesheim I | 14302 |
| 9. TV Jahn Wolfsburg I | 13063 |
| 10. W98 Hannover III | 12698 |

Wettkampf 59: 50 m Rücken weiblich

| | | | |
|--------------------------|-------------------------|---------|-----|
| 1. Kerstin Minge | 91 TSV Achim | 0:31,67 | 666 |
| 2. Alexandra Lassalle | 00 Wardenburger SC | 0:31,97 | 648 |
| 3. Rika Henniges | 95 SSG Braunschweig | 0:32,76 | 602 |
| 4. Annika Teuber | 97 Waspo 08 Göttingen | 0:33,44 | 566 |
| 5. Yekatarina Mikhailova | 94 W98 Hannover II | 0:33,99 | 539 |
| 6. Marina Mann | 96 Delmenhorster SV | 0:34,07 | 535 |
| 7. Sandra Grönniger | 96 TV Meppen | 0:34,28 | 525 |
| 8. Tina Röttgers | 94 Waspo Nordhorn I | 0:35,39 | 477 |
| 9. Anja Schano | 99 Eintracht Hildesheim | 0:35,61 | 469 |
| 10. Katharina Henne | 00 BSV Ölper | 0:36,39 | 439 |

Zwischenstand: DMS-Wertung 2013 Frauen

| | |
|-------------------------|-------|
| 1. TSV Achim | 16495 |
| 2. TV Meppen | 16433 |
| 3. Waspo 08 Göttingen | 15786 |
| 4. Wardenburger SC | 15757 |
| 5. SSG Braunschweig | 15599 |
| 6. Delmenhorster SV | 15585 |
| 7. Waspo Nordhorn I | 15316 |
| 8. Eintracht Hildesheim | 14759 |
| 9. W98 Hannover II | 14381 |
| 10. BSV Ölper | 13892 |

Wettkampf 60: 50 m Rücken männlich

| | | | |
|-------------------------|------------------------|---------|-----|
| 1. Jonas Bergmann. | 95 SG Osnabrück I | 0:25,98 | 835 |
| 2. Sönke Rosskamp | 93 Wardenburger SC | 0:28,45 | 636 |
| 3. Tobias Nawi | 92 TV Jahn Wolfsburg I | 0:29,63 | 563 |
| 4. Gerd-Albert Hoffmann | 86 SGS Hannover | 0:30,37 | 523 |
| 5. Peter Schwenzer | 82 SSG Braunschweig | 0:31,37 | 474 |
| 6. Sebastian Lühring | 93 SV Garbsen | 0:31,38 | 474 |
| 7. Sebastian Kamlot | 97 Waspo 08 Göttingen | 0:31,65 | 462 |
| 8. Malte Stühmeier | 89 TSV Quakenbrück | 0:31,65 | 462 |
| 9. Maximilian Klußmann | 94 VfV Hildesheim I | 0:32,24 | 437 |
| 10. Christoph Stierand | 99 W98 Hannover III | 0:32,96 | 409 |

Zwischenstand: DMS-Wertung 2013 Männer

| | |
|------------------------|-------|
| 1. SG Osnabrück I | 19392 |
| 2. SGS Hannover | 18285 |
| 3. Wardenburger SC | 17256 |
| 4. Waspo 08 Göttingen | 16223 |
| 5. TSV Quakenbrück | 16194 |
| 6. SSG Braunschweig | 15950 |
| 7. SV Garbsen | 15010 |
| 8. VfV Hildesheim I | 14739 |
| 9. TV Jahn Wolfsburg I | 13626 |
| 10. W98 Hannover III | 13107 |

Wettkampf 61: 400 m Freistil weiblich

| | | | |
|-----------------------|-----------------------|-------------------|-----|
| 1. Jule Grunewald | 98 SSG Braunschweig | 4:48,44 | 587 |
| 1:08,11 (1:08,11) | 3:34,77 (1:14,06) | 4:48,44 (1:13,67) | |
| 2. Victoria Buß | 99 TV Meppen | 4:52,41 | 563 |
| 1:08,83 (1:08,83) | 3:39,62 (1:15,32) | 4:52,41 (1:12,79) | |
| 3. Alke Heise | 99 Waspo 08 Göttingen | 4:54,39 | 552 |
| 1:08,16 (1:08,16) | 3:38,39 (1:14,79) | 4:54,39 (1:16,00) | |
| 4. Lena-Karolin Wiese | 93 TSV Achim | 4:54,85 | 549 |
| 1:08,96 (1:08,96) | 3:40,29 (1:15,15) | 4:54,85 (1:14,56) | |
| 5. Leonie Vieler | 99 BSV Ölper | 4:59,10 | 526 |
| 1:09,39 (1:09,39) | 3:43,39 (1:17,85) | 4:59,10 (1:15,71) | |
| 6. Kira Herrlein | 99 Delmenhorster SV | 5:09,53 | 475 |
| 1:10,79 (1:10,79) | 3:51,75 (1:21,42) | 5:09,53 (1:17,78) | |

Wettkampf 61: 400 m Freistil weiblich

| | | | |
|---|-------------------------|---------|-----|
| 7. Hanna Thümler | 97 W98 Hannover II | 5:10,30 | 471 |
| 1:11,26 (1:11,26) 2:30,04 (1:18,78) 3:50,45 (1:20,41) 5:10,30 (1:19,85) | | | |
| 8. Catharina Mundt | 97 Waspo Nordhorn I | 5:11,32 | 466 |
| 1:12,45 (1:12,45) 2:32,88 (1:20,43) 3:52,91 (1:20,03) 5:11,32 (1:18,41) | | | |
| 9. Luisa Schmalkuche | 97 Eintracht Hildesheim | 5:18,75 | 435 |
| 1:14,20 (1:14,20) 2:35,08 (1:20,88) 3:57,48 (1:22,40) 5:18,75 (1:21,27) | | | |
| 10. Caroline Otte | 95 Wardenburger SC | 5:19,64 | 431 |
| 1:12,29 (1:12,29) 2:33,95 (1:21,66) 3:56,76 (1:22,81) 5:19,64 (1:22,88) | | | |

Zwischenstand: DMS-Wertung 2013 Frauen

| | |
|-------------------------|-------|
| 1. TSV Achim | 17044 |
| 2. TV Meppen | 16996 |
| 3. Waspo 08 Göttingen | 16338 |
| 4. Wardenburger SC | 16188 |
| 5. SSG Braunschweig | 16186 |
| 6. Delmenhorster SV | 16060 |
| 7. Waspo Nordhorn I | 15782 |
| 8. Eintracht Hildesheim | 15194 |
| 9. W98 Hannover II | 14852 |
| 10. BSV Ölper | 14418 |

Wettkampf 62: 400 m Freistil männlich

| | | | |
|---|------------------------|---------|-----|
| 1. Marcel Jerzyk | 92 Waspo 08 Göttingen | 4:03,43 | 738 |
| 0:57,61 (0:57,61) 2:00,03 (1:02,42) 3:02,60 (1:02,57) 4:03,43 (1:00,83) | | | |
| 2. Jeremy-Jay Krogull-Hull | 93 SG Osnabrück I | 4:18,65 | 616 |
| 0:57,80 (0:57,80) 2:01,55 (1:03,75) 3:09,64 (1:08,09) 4:18,65 (1:09,01) | | | |
| 3. Christian Gärtner | 80 TSV Quakenbrück | 4:19,08 | 612 |
| 1:01,42 (1:01,42) 2:07,58 (1:06,16) 3:15,14 (1:07,56) 4:19,08 (1:03,94) | | | |
| 4. Paul Lampert | 96 Wardenburger SC | 4:20,01 | 606 |
| 0:59,27 (0:59,27) 2:05,45 (1:06,18) 3:13,02 (1:07,57) 4:20,01 (1:06,99) | | | |
| 5. Markus Tasche | 84 SGS Hannover | 4:21,86 | 593 |
| 0:59,89 (0:59,89) 2:07,29 (1:07,40) 3:15,04 (1:07,75) 4:21,86 (1:06,82) | | | |
| 6. Nicolas Kuhn | 97 W98 Hannover III | 4:33,94 | 518 |
| 1:04,36 (1:04,36) 2:15,29 (1:10,93) 3:26,48 (1:11,19) 4:33,94 (1:07,46) | | | |
| 7. Thorsten Fink | 82 SSG Braunschweig | 4:39,29 | 489 |
| 1:06,04 (1:06,04) 2:17,16 (1:11,12) 3:29,70 (1:12,54) 4:39,29 (1:09,59) | | | |
| 8. Fabian Peter | 81 SV Garbsen | 4:39,55 | 487 |
| 1:04,69 (1:04,69) 2:16,21 (1:11,52) 3:29,17 (1:12,96) 4:39,55 (1:10,38) | | | |
| 9. Ken-Eric Mölling | 95 VfV Hildesheim I | 4:58,15 | 402 |
| 1:05,81 (1:05,81) 2:21,67 (1:15,86) 3:39,72 (1:18,05) 4:58,15 (1:18,43) | | | |
| 10. Nick Hammer | 96 TV Jahn Wolfsburg I | 5:11,01 | 354 |
| 1:11,83 (1:11,83) 2:32,18 (1:20,35) 3:53,08 (1:20,90) 5:11,01 (1:17,93) | | | |

Zwischenstand: DMS-Wertung 2013 Männer

| | |
|------------------------|-------|
| 1. SG Osnabrück I | 20008 |
| 2. SGS Hannover | 18878 |
| 3. Wardenburger SC | 17862 |
| 4. Waspo 08 Göttingen | 16961 |
| 5. TSV Quakenbrück | 16806 |
| 6. SSG Braunschweig | 16439 |
| 7. SV Garbsen | 15497 |
| 8. VfV Hildesheim I | 15141 |
| 9. TV Jahn Wolfsburg I | 13980 |
| 10. W98 Hannover III | 13625 |

Wettkampf 63: 100 m Freistil weiblich

| | | | |
|---------------------------|-------------------------|---------|-----|
| 1. Sonja Beider | 98 W98 Hannover II | 1:01,17 | 646 |
| 2. Lena Großklaus | 00 Wardenburger SC | 1:02,70 | 599 |
| 3. Fiona Lambers | 97 Waspo Nordhorn I | 1:03,42 | 579 |
| 4. Sophie Buß | 97 TV Meppen | 1:03,81 | 569 |
| 5. Fiona Sander | 95 TSV Achim | 1:04,75 | 544 |
| 6. Ann-Christin Schneider | 96 Eintracht Hildesheim | 1:04,82 | 542 |
| 7. Phillis Michelle Range | 99 Waspo 08 Göttingen | 1:04,89 | 541 |
| 8. Maxi Tschachschal | 97 SSG Braunschweig | 1:05,02 | 537 |
| 9. Vera Kemmesies | 95 Delmenhorster SV | 1:05,02 | 537 |
| 10. Anna de Boer | 00 BSV Ölper | 1:08,15 | 467 |

DMS-Wertung 2013 Frauen

| | |
|-------------------------|-------|
| 1. TSV Achim | 17588 |
| 2. TV Meppen | 17565 |
| 3. Waspo 08 Göttingen | 16879 |
| 4. Wardenburger SC | 16787 |
| 5. SSG Braunschweig | 16723 |
| 6. Delmenhorster SV | 16597 |
| 7. Waspo Nordhorn I | 16361 |
| 8. Eintracht Hildesheim | 15736 |
| 9. W98 Hannover II | 15498 |
| 10. BSV Ölper | 14885 |

Wettkampf 64: 100 m Freistil männlich

| | | | |
|----------------------|------------------------|---------|-----|
| 1. Sven Stallkamp | 89 SG Osnabrück I | 0:51,51 | 762 |
| 2. Martin Kesse | 90 TSV Quakenbrück | 0:53,68 | 673 |
| 3. Christian Göthert | 90 Wardenburger SC | 0:54,16 | 655 |
| 4. Holger Ladenthin | 79 SGS Hannover | 0:54,37 | 648 |
| 5. Fabio Kreth | 93 VfV Hildesheim I | 0:55,00 | 626 |
| 6. Christoph Meyer | 92 SSG Braunschweig | 0:55,06 | 623 |
| 7. Tim Grüne | 74 Waspo 08 Göttingen | 0:55,20 | 619 |
| 8. Felix Schreiber | 96 W98 Hannover III | 0:58,15 | 529 |
| 9. Sascha Hausmann | 87 SV Garbsen | 0:58,60 | 517 |
| 10. Matthias Zeuner | 70 TV Jahn Wolfsburg I | 1:01,86 | 439 |

DMS-Wertung 2013 Männer

| | |
|------------------------|-------|
| 1. SG Osnabrück I | 20770 |
| 2. SGS Hannover | 19526 |
| 3. Wardenburger SC | 18517 |
| 4. Waspo 08 Göttingen | 17580 |
| 5. TSV Quakenbrück | 17479 |
| 6. SSG Braunschweig | 17062 |
| 7. SV Garbsen | 16014 |
| 8. VfV Hildesheim I | 15767 |
| 9. TV Jahn Wolfsburg I | 14419 |
| 10. W98 Hannover III | 14154 |

Wettkampf N46: 1500 m Freistil männlich Nachschwimmen

| | | | | |
|--------------------|--------------------|--------------------|--------------------|-----|
| 1. Paul Lampert | | 96 Wardenburger SC | 17:58,07 | 533 |
| --:-- | 2:12,22 | 3:22,72 (1:10,50) | 4:33,42 (1:10,70) | |
| 5:45,07 (1:11,65) | 6:54,78 (1:09,71) | 8:10,59 (1:15,81) | 9:24,28 (1:13,69) | |
| 10:36,65 (1:12,37) | 11:50,32 (1:13,67) | 13:04,03 (1:13,71) | 14:17,60 (1:13,57) | |
| 15:32,86 (1:15,26) | 16:47,29 (1:14,43) | 17:58,07 (1:10,78) | | |

DMS-Wertung 2013 Frauen Endstand

| | |
|-------------------------|-------|
| 1. TSV Achim | 17588 |
| 2. TV Meppen | 17565 |
| 3. Waspo 08 Göttingen | 16879 |
| 4. Wardenburger SC | 16787 |
| 5. SSG Braunschweig | 16723 |
| 6. Delmenhorster SV | 16597 |
| 7. Waspo Nordhorn I | 16361 |
| 8. Eintracht Hildesheim | 15736 |
| 9. W98 Hannover II | 15498 |
| 10. BSV Ölper | 14885 |

DMS-Wertung 2013 Männer Endstand

| | |
|------------------------|-------|
| 1. SG Osnabrück I | 20770 |
| 2. SGS Hannover | 19526 |
| 3. Wardenburger SC | 19050 |
| 4. Waspo 08 Göttingen | 17580 |
| 5. TSV Quakenbrück | 17479 |
| 6. SSG Braunschweig | 17062 |
| 7. SV Garbsen | 16014 |
| 8. VfV Hildesheim I | 15767 |
| 9. TV Jahn Wolfsburg I | 14419 |
| 10. W98 Hannover III | 14154 |

Veranstaltungsort: 31134 Hildesheim
Abschnittsdatum: 26.01.2013
Abschnittsbeginn: 14:15 Uhr
Abschnittsende: 17:30 Uhr
Protokollende: 17:45 Uhr

Protokollführer

Schiedsrichter

Dieses Protokoll wurde mit WK-Pro 2.41 erstellt. Informationen bei:
Torsten Eschner, Internet: <http://www.wk-pro.de>